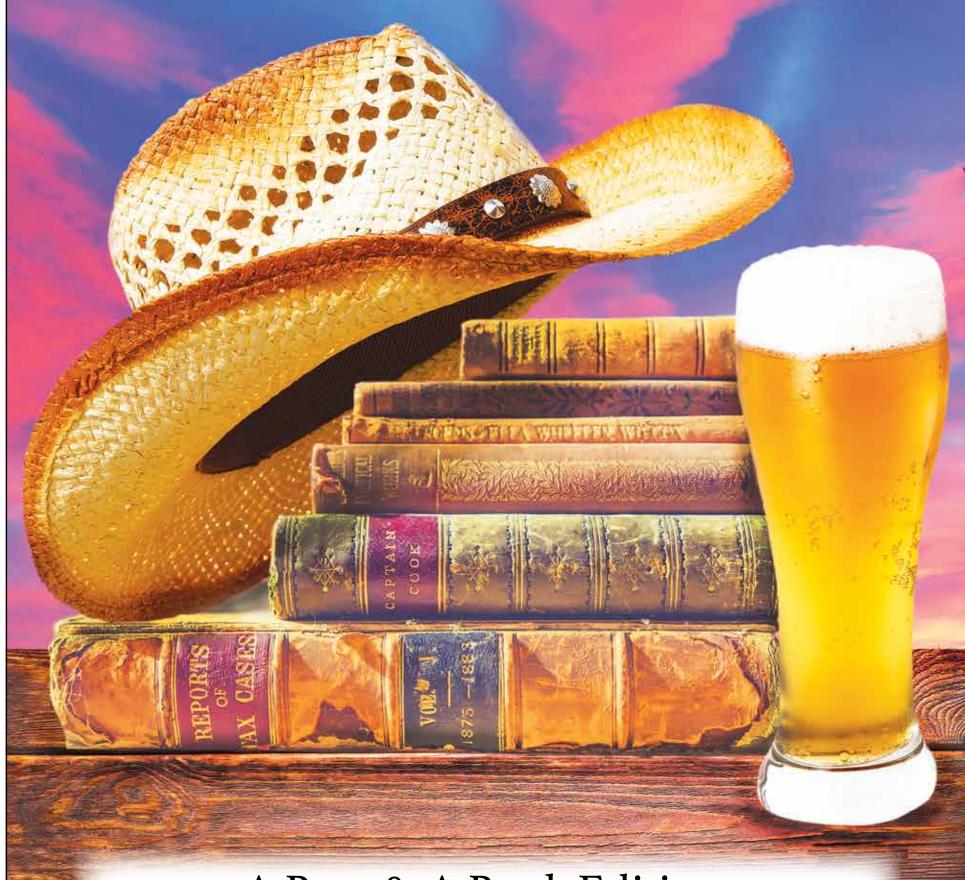


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See next page for business card rates, Valley Horse News Social Media, and a note from the Owner!

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"Riding a horse is not a gentle hobby, to be picked up and laid down like a game of Solitaire. It is a grand passion." -Ralph Waldo Emerson

THOUGHT OF THE MONTH:

South Point Hotel, Casino, and Spa Announces Farnam Arena, Newest Addition to the Equestrian Center



Tweet It: They don't call @SouthPointLV #VegasCowboyCentral for nothing! @SouthPointLV & @FarnamHorse are proud to announce their partnership for a brand-new outdoor covered arena opening this fall!

LAS VEGAS – South Point Hotel, Casino & Spa has partnered with Farnam, the leading horse care and supplies provider in the industry, on the property's brand-new outdoor covered arena, Farnam Arena. Farnam, a long-standing partner of the South Point Arena and Equestrian Center, has been the sponsor of the center's wash racks and farrier area for three years. Farnam Arena, the newest addition to the Equestrian Center, is set to open at the end of September.

"We are so excited to be partnering with Farnam to bring this new arena to life," remarked Steve Stallworth, General Manager of the South Point Arena and Equestrian Center, "Farnam Arena gives us the opportunity to host new events and expand the events we know and love. Farnam has always been a great supporter of South Point, and we couldn't think of anyone better for this partnership."

Farnam Arena becomes South Point's fourth and largest competition venue in the equestrian complex at 300 by 135 feet, totaling over 40,000-square feet. The multimillion-dollar project, located on the west side of the property adjacent to the I-15 freeway, will allow the property to host larger events than ever before.

"Farnam has a lasting partnership with South Point Arena and Equestrian Center and we are excited for what is to come at the NEW Farnam Arena," stated Stash Easton, Director of Marketing for Central Garden & Pet, Equine Marketing at Farnam, "We look forward to welcoming horses and their owners to Farnam Arena. We'll see you there!"

For more information on Farnam Arena, please visit www.southpointarena. com.

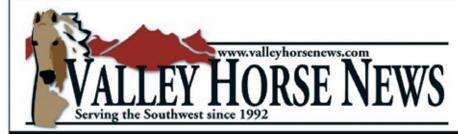
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About South Point Hotel, Casino & Spa

Featuring more than 2,100 guestrooms, South Point Hotel, Casino & Spa overlooks the famous Las Vegas Strip and the serenity of the surrounding mountainscape. Each oversized guest room features state-of-the-art LED televisions as well as WiFi with high-speed internet connections. Guests visiting South Point Hotel will experience affordable luxury through a casino offering top-of-the-line gaming technology, more than 60 table games and a separate race and sports book area, 11 restaurants, including the award-winning Michael's Gourmet Room, world-class Costa Del Sur Spa and Salon, a 400-seat showroom featuring headliner entertainment, a 700-seat Bingo room, a 16-screen Cinemark movie complex, a state-ofthe-art 64-lane bowling center, a 52,000-square foot Conference Center and an 80,000-square foot Exhibit Hall. South Point Hotel is also home to the Tournament Bowling Plaza, a multi-million-dollar professional bowling tournament facility. In addition, South Point Hotel has the finest equestrian event facility in the country. The 240,000 square feet of event space features three climate-controlled arenas, vet clinic, feed store, more than 1,200 climate-controlled stalls and plays host to some of the country's most unique events. South Point Hotel, Casino & Spa is at 9777 Las Vegas Blvd. South, Las Vegas, NV 89183.



Codi A. Kern Owner, Editor

Artist

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A Note from the Owner:

Hello! And welcome to the Newspaper! I am so glad you decided to pick us up for a read! Be sure to check out our exciting, historical, and informative articles, as well as our wonderful advertisers. We update every month with new information selected especially for our readers enjoyment! Be sure to follow along with us each edition, and feel free to e-mail any comments, questions, or suggestions for material you would like to see right here in these pages.

See you next time! - Codi Kern

What's new with Valley Horse News? We're on Social Media!

You can now find Valley Horse News not only on Facebook but also on Instagram!

Follow along for everything horse, every day!
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Parents Let Your Daughters Grow Up to be Horse Girls

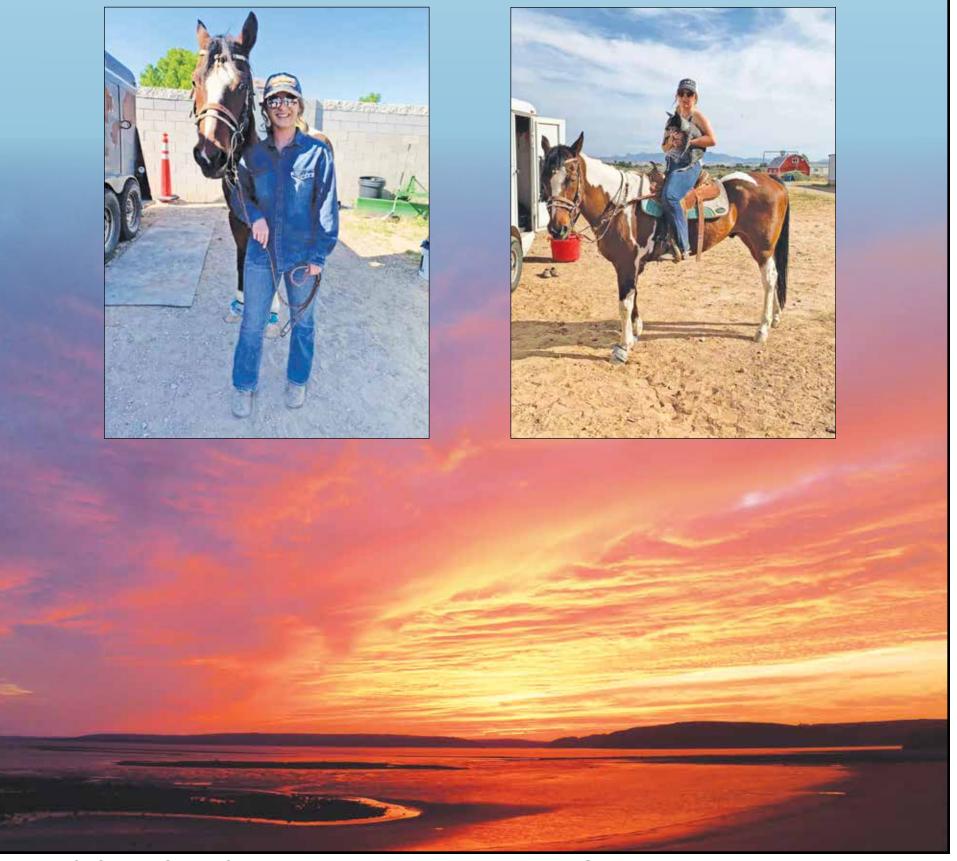
Submitted by Sierra Burgess, Author Uknown

"Parents, let your daughters grow up to be horse girls, because they will learn quickly and repeatedly that life isn't fair, that hard work is often trumped by Lady Luck, and that every defeat, no matter how terrible, is temporary. Let them dream big and kick on. Let them learn confidence, grace and grit. Let them build big muscles and strong backs.

Let your daughters grow up in the barn. Let them learn that buckets need filling and stalls need cleaning, even when it's raining, even when it's frozen, even when they have a different idea for how the day should go. Teach them to drive trucks and trailers and ATVs. Teach them to change tires and wrap legs and give shots. And let them leave a spur mark, or a big rub, or a bandage bow, and let them deal with the shame of causing pain to an animal they love.

Let them grow up with horses and with good horse people, because it will teach them to be humble, and to be resilient, and to be brave.

Oh so true. I am very thankful my parents let me grow up the way I did... with my horses."



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Happy Trails Kitchen •

Created by Chef Sharon Hauht

"Turkey Mushroom Burger With Sauteed Onions"

Prep Time: 35 min Cook Time: 25 min Servings:8 large burgers

Ingredients:

Sauteed Onions:

1 onion, large, julienned

2 Tbsp olive oil

Mushroom Puree:

2 tablespoons olive oil

4 ounces butter

3 cloves garlic, minced

1 teaspoon chopped onion

1 pound button mushrooms, chopped fine in a food processor

1 pound portobello mushrooms, cut into 1/4-inch pieces

1/4 cup chopped thyme

1/4 cup chopped oregano

1 bay leaf

Salt

Pepper

2 pounds ground turkey

8 hamburger buns

Directions:

Sauteed Onions:

In a medium saucepan, heat oil over medium heat. Add onions, lower to low heat and cook, stirring occasionally until onions ate soft and medium brown, but not burnt. Set aside.

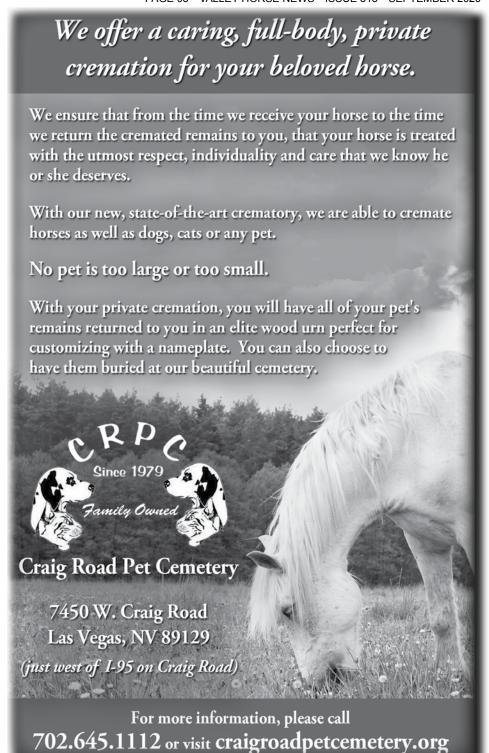
Mushroom Puree:

To a hot saute pan over medium high heat, add the olive oil and butter and melt. Add garlic, onion, and bay leaf, and sweat for 1 minute. Add the mushrooms, season with salt and pepper, and cook until liquid is released and mushrooms are almost dry. Stir in the thyme and oregano. Remove from the heat and allow to cool. Remove the bay leaf.

Assemble:

Place the turkey in a large mixer and add the cooled mushroom mixture, mix well and season with salt and pepper. Form the mixture into 8-ounce patties. Pan fry or grill the burgers until cooked through. Serve on a bun with sauteed onions on top

Find us on Facebook!



What's on the menu?

We hope you are enjoying the monthly recipes from Happy
Trails Kitchen!

We want to know: what types of recipes do you want to see? Breakfast? Dinner?

Dessert? Beef? Chicken?

Crock Pot or Oven Baked? Crock Pot or Oven Baked? The possibilities are endless!

Let us know at valleyhorsenews@gmail.com or message us on Facebook!

Fly Sheets and Hot Weather

By The VHN Writing Team



The summer heat can be a brutal force, not only for us but for our horses. For our own wellbeing when the temperatures climb, we have to make sure we drink enough water, stay in the shade, cover up as much as possible and where sunscreen.

For our horses, the same rules apply to stay safe. Drink water throughout the day, provide adequate shade, and wear sunscreen on white and pink areas.

One unfortunate aspect of the nasty summer heat and monsoonal humidity that often accompanies it are the surge in flies. As the days get warmer, the chances of swatting at flies or being dive bombed by a rogue insect go up dramatically.

These pests are also a pain in the butt for our horses, literally. Flies can be a nuisance to our equines, biting and driving them crazy. Fly masks help to keep the insects away from our horse's eyes and even their ears. But what about the rest of them?

Many of us have invested in fly sheets as a way of keeping flies off of our horses' bodies long term, especially when fly sprays fade or don't work well enough.

Some horses are also allergic to fly spray ingredients.

But are fly sheets a safe form of protection when the degrees skyrocket?

Our horses have different ways of keeping themselves cool, one of them being sweating, as we've covered elsewhere in this edition. When our horses cannot sweat properly, it can lead to serious consequences like heat stroke.

Heat stroke can lead to neurological problems and organ damage if not stopped.

When our horses sweat, the moisture they secrete is meant to be evaporated by the air, thereby cooling our horses' skin and their blood. If a fly sheet is placed on our horses and they sweat, it can put them at a disadvantage. They may not be able to cool down properly and will steadily build up heat until their bodies sustain damage or they get help.

Should our horses where fly sheets at all then?

If you want to place a sheet on your horse, keep these things in mind.

Get a proper fly sheet that has a weaving meant for air circulation. If the fibers/ mesh are too tightly woven, air cannot get to your horse's skin and sweat, and he will not cool down properly. The moisture will also stay trapped beneath the sheet. This can cause skin problems and make your horse itchy.

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With a sheet that allows reliable air flow, your horse can stay cool and beat the flies. While the sheet can be used, keep in mind the heat index for your area.

The greater the humidity, the hotter it will feel. Horses will often times start puffing as the heat index rises and humidity becomes overbearing.

Your horse's color, the color of the sheet, access to shade and drinking water, likelihood of a breeze, hair thickness, and body condition score all play a part in how well your horse tolerates heat and the wearing of a fly sheet.

If you're unsure about any of these things, hold off on the fly sheet and contact your vet to get the okay. Every horse is different and will tolerate things individually.

Even after you get the go ahead from your vet, it's important to monitor your horse's condition while wearing the sheet, to ensure it's doing its job and your horse is comfortable from morning to evening. One day it might be working fine and keeping the bugs away. The next, your horse may have a layer of sweat beneath the fabric that's causing discomfort and raising his temperature.

Temperatures are also slowly getting hotter each year which means summer months and monsoons are more turbulent. Heat records are continuously being broken, so the need to adapt our horse care is not a matter of if but when.

With some investigation and preparation, your horse can stay cool and stay pest free during the heat.







Tale of the Horse Tail

By The VHN Writing Team



If we asked you to describe the features of a horse, you'd probably mention their size, long faces, ears, eyes, coloring, legs and hooves. You'd also most likely mention their manes and tails too. The tails of horses specifically are one of the features that add to a horse's beauty.

Horse owners put incredible amounts of time into caring for their horses' tails, from brushing and detangling, to washing and moisturizing. The longer and silkier the tail, the better.

But have you thought about how different a horse's tail actually is?

Think about the related animals to the horse, like the donkey and zebra. Their tails, though not the most defining parts of them, are very different compared to horses.

A zebra's tail is short, with small hairs going down most of the length, until the end where longer two-toned hair grows. A donkey's tail is similar to the zebra. It's fairly short, depending on type of donkey. It also has shorter hair at the base of the tail and at the bottom, the hairs are much longer.



These tails are common in grazing animals, such as cows, as they are ideal for swatting away flies and other pesky insects with precision. Think of the end of a bull whip. It's usually frayed and split at the fibers, allowing it to crack in the air.

But our own modern horses do not have tails like a cow or donkey. A horse's tail is docked short, the actual meat of the tail ending at the bottom of the buttocks. The hairs sprout at the base where the tail grows, and flow out down to the ground. After brushing it, owners can agree, it's a lot of hair.

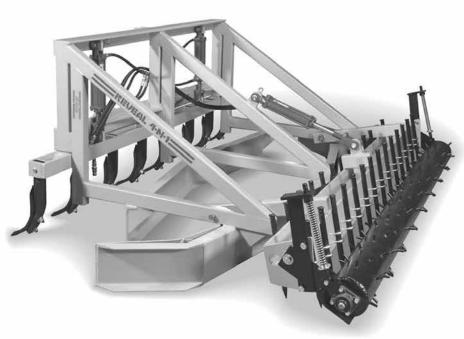
The job of the horse tail is the same as the other grazers. It's meant to swat away flies. If you've been smacked in the face by your horse's tail, you know it's no joke of a swat.

But why would their tails be different from the others if they have the same job?

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The simplest answer: climate.

Donkeys and zebras are naturally found in hotter climates. The evolution of our horses caused their tails to change. The first horse, eohippus, had a tail very much like zebras and donkeys. It was short, with only a tuft of hair at the end.

As they evolved and humans domesticated them, the horse went from living on the plains to other harsher and colder climates. Think of how a horse that isn't blanketed or body clipped will grow a thicker coat in the winter. It's the same process but over millions of years of evolution, making it a permanent feature.

Horses' manes also became fuller and longer because of this need to acclimatize. A horse with a long mane is usually extra sweaty under their mane from all the heavy hair up there.

By contrast, Zebra and donkey have short, spikey manes, very different from our own horses now.

When a horse is bred with a donkey to get a mule, the hair characteristics from both are blended in the animal. This also goes for when a horse is bred to a zebra.

Every breed of horse is different as well for how much hair they have. A horse breed that is native to snowy countries will be fluffier than say a desert horse like an Arabian.

Akhal Teke's are known for being extremely shiny and almost hairless, because they have an odd hair type different from other horses. If you've never seen what an Akhal Teke looks like, take a quick trip on google. They are gorgeous animals.

Golden or blonde Akhal Tekes really do look like they are made out of gold.

The next time you're covered in horse hair during shedding season or giving yourself carpal tunnel brushing out your horse's tail, you can thank evolution and domestication for your workload.



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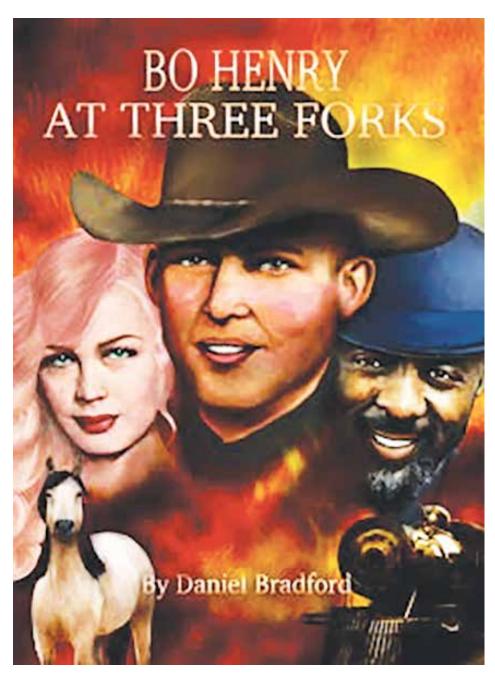
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Bo Henry at Three Forks—A Young Man's Adventure into The Hostile West

Intro by The VHN Writing Team, Novel Write Up by Charyl Wojtaszek



There's nothing that peaks the interest of horse enthusiasts quite like a nostalgic, straight from the cowboy heart and mind novel.

Turning pages ripe with history, horse best friends, western romance, and classic adventure reaches a place within us all that simultaneously remembers the good old days and smiles at the prospect of a bright future. The enjoyment of these books can now be experienced once again.

Readers everywhere, young and old, can delve into a new book about the things we all love and treasure: Bo Henry at Three Forks by Daniel Bradford.

Bo Henry at Three Forks is a window into the challenging and often violent West of the 1870's. Bodine "Bo" Henry, a young U.S. Marshal in the American west, sets out with warrants issued by Federal Judge Roads to hunt down, arrest and transport three criminals to the judge's court in Kansas City.

Soon after Bo has begun his quest, he interrupts the hanging of a black man, Daniel Washington Blue. After rescuing "Blue," Bo's tasks now include the rescue of his new partner's wife from her kidnappers.

Despite his lightning-fast gun and the help of Daniel's quick mind, Bo's task quickly becomes complicated, requiring Bo to resolve several additional crimes. In the process, Bo meets the enigmatic yet lovely Rose O'Reilly. Throughout the Marshal's adventures, Bo's trusted horse, Buck, is his constant companion.

Throughout the story, Bo must make decisions that will change his life and those of people he encounters. His relationship with his family and guidance from Judge Roads provide the moral framework for his interactions with other characters, whether they are honest or breaking the law.

"I had no idea my next book was going to be a western," says Bradford.

"As Bo's story revealed itself to me, I discovered that his siblings and other family members were inspired by my uncles, aunts and their histories. Bo Henry's sense of justice, fairness and integrity reflects the values of the eleven Bradford siblings, including my father. Bo Henry's family and characters in this and the subsequent stories evolved from my grandfather's tales and my family legacy. Several farmers, a blacksmith and three peace officers in my heritage became aspects of characters in this first Bo Henry novel.

Bo Henry at Three Forks is set in the upper Midwest where my grandfather, a blacksmith, traveled throughout the Dakotas, northern Minnesota and Wisconsin shoeing horses for farmers, cattlemen and loggers. He provided for his family of eleven children while relating to them stories of his struggles in the harsh climate during those difficult times.

In turn, my father shared those tales with me. One of my uncles was a member of the NYPD, one became police chief of Bismarck, North Dakota and one was an MP in the military."

A native Minnesotan, former engineer and military veteran, and now Nevada resident Daniel Bradford, turned to writing first as a hobby, then as a full-time endeavor. Three children's books, one inspired by his direct ancestor, William Bradford of the Plymouth Colony, three science fiction novels and three short stories later, he began the Bo Henry saga. He has a fourth science fiction novel in progress.



Above: Author Daniel Bradford

Bo Henry at Three Forks published by Savant Books and Publications is the first in a four-book series, the other three yet-to-be published. The subsequent books in the series focus on different periods of Bo's life, but all include his quest to locate, capture and deliver Bo's villainous arch enemy, Roman Christian to the court of Judge Roads.

Essentially, the series portrays Bodine Henry's life from his youth to the end of his days. Currently, Mr. Bradford enjoys his time with Charyl Wojtaszek, his Rose O'Reilly, significant partner and enthusiastic supporter of his projects

For more information about this book, please go to www.savantbooksandpublications.com, www.authordanbradford.com or amazon.com



Cracking the Myths About Gaited Horses

By The VHN Writing Team Source and Research: horseandrider.com



The immense variety of equines that the world possesses is truly amazing. There are so many breeds, colors, shapes, sizes, and personalities. And they are all perfect in some way for every person.

While there are so many different kinds of horses, they all have the same way of travelling. There's the walk, the trot, and the canter. There are some types of horses however who can travel beyond those three gaits and have become a very popular ride for horse enthusiasts.

Gaited horses are horses that have been bred to naturally possess extra gaits outside of the usual three. A gaited horse is known for being extremely smooth when they travel because they move their legs and feet individually, keeping one foot on the ground at all times. These are known as ambling gaits, paces, or running walks.

The running walk of a gaited horse is especially mesmerizing, as they travel so seamlessly and waste no energy as they go. Some popular gaited breeds are the Rocky Mountain Horse, Standardbred, Tennessee Walker, German Aegidienberger, Marwari, Paso Fino, and Spotted Saddle Horse.

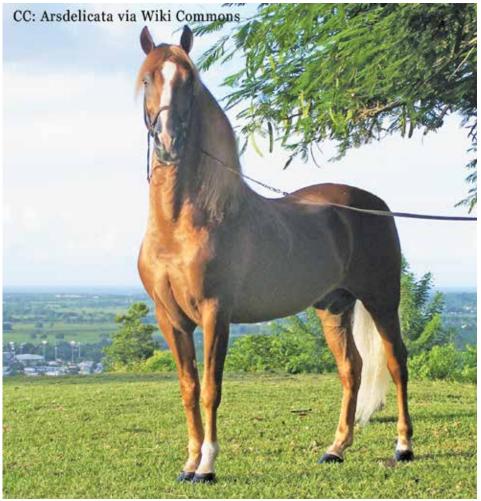
As their popularity grows, many of those not experienced with gaited horses have heard things about them that are simply not true. Here are the real facts about gaited horses:

- 1. The smooth gaits of these horses are not artificial. When gaited horses perform in shows, they are not being forced to move unnaturally for the sake of appearance. Many people believe that the behaviors are forced, but this is false. Gaits are naturally formed and bred for, so they are moving without pain or discomfort. In fact, gaited horses may even prefer their extra gaits and move better doing them than the typical three.
- 2. They may be higher headed, but they are not uncontrollable or dangerous to work with. Gaited breeds have been shown to possess a lot of sense and a calm demeanor, so the idea that they are flightier because of their stance is ridiculous. There are other non-gaited breeds with naturally high heads, such as the Morgan horse.
- 3. You do not need a special kind of bit, special shoeing, or special saddle types to ride a gaited horse. If you want to trail ride with a gaited horse, you can do so with normal shoeing, a saddle that simply fits the horse properly, and a bit that isn't hard on the horse's mouth. A gaited horse that is comfortable will function at its best with any type of tack.
- 4. Gaited horses are in fact surefooted. Many people believe they are too action packed and high stepping to be safe. It's a double myth. Gaited horses are not considered a naturally high stepping breed and they are perfect trail horses that can negotiate any type of terrain put before them. As with any horse, it takes practice and confidence.
- 5. It's okay to walk, trot, and canter a gaited horse. It won't damage or ruin their extra gaits. Those three common gaits are good for your horse's body and keep him fit. He may get out of whack by shifting into a running walk but if your horse is comfortable trotting under a saddle or in the pasture, it's fine to ask that of him when working.

6. Gaited horses are great for showing and can also do many other things outside of that. Gaited horses are perfect for ranching, police work, trail riding, endurance riding and more. You'd be surprised how many horses you've seen doing these activities and they are actually gaited breeds.

7. A gaited horse's anatomy is just like other horses. They may move with extra gears, but they are the same physically as any other equine, no more no less.

If you're looking to try out a gaited horse, either for fun or for their smoothness, taking a ride on one can expand your view of the breed and gain an appreciation for all of the unique aspects they offer.





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A Horse, Of Course

By DON BLAZER

Don't Be a Horse Whisperer

Sometimes I like to pretend I'm the strong, silent type.

When it comes to horses, big mistake.

Horses don't want you to be too strong. If you go macho-man, one of two bad things happens. The horse proves he's stronger, or the horse gives up. In either case, the horse's performance is always on the poor side.

If you take the silent approach with a horse, absolutely nothing hap-pens. If you try to be a horse whisperer, very little happens. (A horse's hearing range is 55 to 33,500 hertz--meaning a horse doesn't hear as many low tones as a human does. Don't whisper, speak up.)

I have a friend who says communication is the key to a successful rela-tionship between a man and a woman. Is that her way of trying to get me to talk more, or talk less?

I know communication is the key to a successful relationship with a horse. In fact, communication is all there is to training a horse. The horse can physically perform all the exercises you'll ever ask of him; you don't actually teach him how to do any of them. The best you can hope for is to teach a horse to understand your request for a particular performance, and that he'll act upon your request.

To begin communicating with a horse you must understand that he doesn't speak English. (That doesn't make him stupid. I don't think you're stu-pid just because you don't speak piglatin.) In fact, a horse is pretty smart and he can learn some English, such as "ho," "walk," "trot," "canter," "jog" and "lope." He will learn his name, and if used often enough a few unmentionable words tossed at him in anger. In addition to the English you teach him, he'll have about 1400 words or body behaviors to express his opinion about things to you and his friends.

Of course, you also communicate with a horse through the use of your aids-weight, legs, hands and reins. Hopefully these aids are used to give sub-tle yet meaningful cues which the horse identifies as a request for action. Once the request is understood, as a willing partner, the horse performs and a happy relationship continues.

As with all learning, confrontation is a requirement.

If a request is made, and the horse does not perform as the trainer would like, then a confrontation has to take place. The horse has to understand the action was incorrect. (This is not and never should be abuse.) The request is made again, and if incorrect action follows, a new confrontation takes place. The confrontation can be anything appropriate from a thump with a heel to a forceful tipping of the nose. Stopping all action is a confrontation which works very well in getting the horse's attention. The request is made again, and if this time the horse gets the action correct, praise should follow.

Communication with a horse, after only a little practice, becomes easy and very effective. As the partners get better at requesting and understanding, the communication signals become more and more refined.

Finally, the communication becomes a mental process. The rider thinks of what he or she wants in a performance, the aids make the request without conscious direction and the horse performs because he feels and understands the energy in the request.

One of the keys to reaching that level is to ALWAYS say what you mean and mean what you say.

If you decide to ask a horse to stop by saying "ho," always say "ho." Don't say "ho" when you mean "slow, or relax, or half-halt."

Ride a horse in training sessions exactly as you expect to ride the horse during any performance. That is consistency in communication, another re-quirement if learning is to take place. Riding a horse with two hands during a training session, then switching to one hand a few minutes later is communi-cation confusion.

And don't try to communicate too many ideas at one time. Work on a single communication until the horse understands, then give him time to en-joy his praise and think about what he has done.

When you want to communicate, seek first to understand your partner, and then seek to be understood.

If you work on your communication skills until you've got them perfect-ed, I can promise you a lot less talk and a lot more action.

Visit www.horsecoursesonline.com to earn certification as a horse trainer, riding instructor or sta-ble manager, or work toward a Bachelor of Science degree in Equine Studies. All courses online.

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Barn Mom By Anna Dunstone

Thank you to the barn mom Who never ever failed To be my best supporter When all my plans derailed. Thank you to the barn mom Who, before dawn cracked a smile Was up and ready to drive me So I could ride a while Thank you to the barn mom Who helped me clear my head When challenges became Frustration turned to dread. Thank you to the barn mom Coffee in her hand, Who didn't lose her cool When I'd slip—fall--crash land Who gave the ponies pets, And told my horse, "behave." I'll always still be grateful For the time and sleep she gave Thank you to my barn mom, Who doesn't know that she Is the subject of this poem— Thank you, Mom, from me.

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Association

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A Beer a Day Keeps the... Anhidrosis Away?

By The VHN Writing Team



Remedies for ailments can range from things that make sense to the downright strange sometimes. Your grandparents may have told you about ways to cure the common cold, a toothache, or itchy skin that sounded like they come from an 18th century medical book.

Some of them are just plain old wives' tales that have no basis in real medicine.

You might remember remedies like eating bread crust will make your hair curly, marshmallows ease sore throats, putting onion in your socks for colds, a spoonful of sugar for hiccups, vodka for stinky feet, and more.

A few make sense, others sound gross, and even more still are horrifying. Most of them are not for the faint of heart, unless your truly desperate to get rid of that stuffy nose. The ones that do work, however, have roots in science and because of their success, have stood the test of time.

These funky ways of healing sickness have not only been used for humans, they've also been used for animals and by extension, horses.

One of those ways makes the rounds every summer when the weather turns hot and muggy.

Beer has been used for many years to treat the lack of sweating in horses caused by extreme hot temperatures.

The lack of sweating or the stopping of sweating altogether in horses is known as anhidrosis. This predicament is very common and can be a dangerous ailment to deal with.

Sweating is the body's natural and main way of cooling down, a fundamental function that most animals have, including us humans. When horses sweat, the body is automatically releasing water through the skin. This water evaporates as it sits exposed to the air, cooling not only the surface, but the blood beneath.

When our horses do not sweat correctly or stop sweating on hot days, it's something that needs to be addressed quickly. Without sweat, your horse could suffer from hyperthermia (not to be confused with hypothermia) and heat stroke.

Whether your area gets heat only certain times of the year, or you live in a place that is naturally hotter like the desert, it's imperative to know and understand the signs of heat stroke in your horse.

Your horse needs help, whether from you or your vet, if he's exhibiting these symptoms:

- Profuse sweating
- No sweating
- Panting/ puffing
- High heart rate
- Dry skin and hot to the touch

- High rectal temps
- Extreme drinking or stopping drinking
- Lethargy/ strange behavior

If your horse has one, or especially a combination of these signs, he could be suffering from heat stroke. Without treatment, your horse could suffer neurological damage, as well as damage to heart, muscles, and kidneys.

Treating anhidrosis can be tricky, especially for performance horses and those with prolonged exposure to heat. There are a number of supplements and medications out to help with sweating, but they can be tricky to test and expensive.

That's where beer comes into play. Giving beer to horses became popular at racetracks, as many trainers will tell you. Famous horses like Zenyatta and Tapit would regularly drink Guinness to offset anhidrosis.

Though trainers will swear by it, there are a number of horse owners that have never heard of giving their equines beer, and naturally wonder if it's safe.

Studies have shown that beer can be rich in B vitamins. These vitamins are important in the functioning of metabolic pathways, help with things like blood cells, nerve cells, cellular energy, metabolism of fats, carbs, and proteins, and also maintaining healthy skin and coats.

While no longer done due to the alcoholic content, beer, specifically Guinness, using to be prescribed to pregnant women for the B vitamin content.

Because of microbial fermentation, B vitamins are naturally produced in the horse's hindgut, making them even more important for normal function. Yeast is also used in beer and can potentially aid a horse's gut with healthy pre- and probiotics.

While there isn't any true scientific backing for beer curing anhidrosis, it's become a popular, if somewhat mysterious, form of medicine. The taste of beer from grains like barley makes the drink more appealing to horses, so convincing them to drink it is fairly easy.



If you are considering trying the remedy on your horse, always consult with your vet beforehand and give your horse the option of fresh, beer-free water if he doesn't like the taste.

If your vet agrees on the treatment, you can decide the best type of beer to buy and how often it should be given.

As for the alcoholic content and calorie content, due to the size of horses, it would take a lot of beer to get them even remotely buzzed.

The calorie content is so low in comparison to size, that horses won't have to worry about beer bellies either. Another part of beer being useful is the price, as you can often find it cheaper. Guinness is a popular brand for anhidrosis that enthusiasts of both horses and Guinness recommend.

So take this "beer for your horses" article as a thumbs up to cracking open a cold one with your equine buddy and enjoying beating the heat while the summer makes its last rounds.

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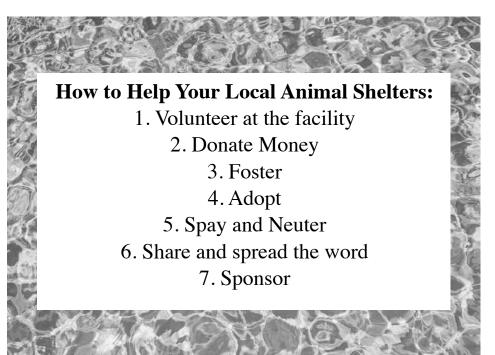
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6	7	8 NSHAV GENERAL MEETING 7pm Olive Garden - 1361 S. Decatur Blvd 702-645-2988 POSS GENERAL MEETING 7pm @ WULFY'S Hwy 160 Pahrump 775-727-9576	Doc's Saddlery 6185 Elkhorn RD LV, NV 702-361-5456		11	12
13	14 APACHE LAND APPALOOSA CLUB Meeting 7:00pm, Horse- shoe Restaurant, Benson AZ; Contact Fred @ 520-384-5332	15 SSPHC MONTHLY MEETING 7pm IHop Cheyenne & Rainbow 702-373-2673 paintmee@aol.com	16 LVAHA GENERAL MEETING, 7:15pm; Marie Calenders - 8175 W. Sahara Info: keppes@cscinfo@aol.com	17	18	19 NSHAV Fall Buckle Series Oper Breed Show @ Henderson Saddle Association
20 NSHAV Fall Buckle Series C Breed Show @ Henderson Sa Association		22	23	24	25	26
27	28 S. NV REGIONAL TRAILS 4701 N Torrey Pines Dr., LV Contact Ed @ 702-645-1791 editoredd@juno.com	29	30			
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Farm Animal Adoptions

All you have to do:

Is provide a photo of the animal/ animals.

Give a short description explaining why they are such a great candidate for a new home.

And lastly, provide the best contact information for those that are interested.

Your photo, description, and contact will go here for everyone to see and hopefully will make it to the perfect new home.



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Any farm animal in need
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for as long
as they need it!



Welcome all rescues, sanctuaries, and non-profits!

Now is the chance to give farm animals in need of adopting and fostering an extra spotlight - **on the house**.

Valley Horse News will now have an adoptions section solely for farm animals at shelters and organizations that need to find a loving, forever home. On this page, every month, you will find photos and information about wonderful animals that could be the perfect addition to your home or farm. You will also find the organization that they come from and how you can get in contact.

This section will remain in the paper *indefinitely*. As long as there is an animal that needs it, it will be open for listings.

Are you an organization or know of an organization that helps farm animals? Contact now for more information and to be featured on this page every month. Remember, this page is for **adoptions only**.

Animals for sale by owner must be advertised in other sections.

Please spread the word far and wide about this section so we can facilitate as many adoptions as possible. These precious animals need and deserve all the help we can get. It is a personal goal to make this section explode every single month! A home for every animal that comes on this page is not only a worthwhile but completely possible goal.

Just imagine what could be done by this time next year. So let's make it happen!

Have questions? Email us at valleyhorsenews@gmail.com or call 702-808-7669

We will provide all of the information you need and answer any inquiries you may have.





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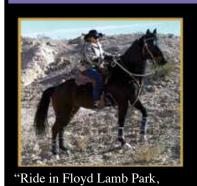






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