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NOVEMBER 2020

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- Water Drinking Temperature Study
- Dollar Store Barn Hacks
- The Z's of Good Sleep
- What is Epistaxis?

**And more!**



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THOUGHT OF THE MONTH: **Happy Thanksgiving!**

## South Point Hotel, Casino & Spa Officially Opens Farnam Arena



From left: Steve Stallworth, Stash Easton, Ron Akre, Martha Lefebvre, Paula Gaughan, Michael Gaughan and Ryan Growney  
(Photo Credit: South Point Hotel, Casino & Spa Las Vegas)

Yesterday, Thursday, Oct. 15, South Point Hotel, Casino & Spa Las Vegas teamed up with Farnam, a long-standing partner of the South Point Arena and Equestrian Center, to officially open their brand new outdoor covered arena, Farnam Arena. Totalling over 40,000-square feet, Farnam Arena becomes South Point's fourth and largest competition venue in the equestrian complex.

The ribbon cutting ceremony was led by Steve Stallworth, General Manager of South Point Arena & Equestrian Center, and included remarks from attendees on the property's well-established partnership with Farnam, construction details on Farnam Arena and a champagne toast to officially welcome the new addition.

"We have been fortunate to host some of the largest and most prestigious equestrian events in the country, and the addition of Farnam Arena will allow our events to grow even more," remarked Stallworth during the ceremony. "Thank you to Farnam, we could not have done this without you and your support, and we look forward to a long, long relationship."

Additional attendees at the ceremony included Michael and Paula Gaughan; Ryan Growney, General Manager of South Point Hotel, Casino & Spa Las Vegas; Stash Easton, Director of Marketing for Central Garden & Pet, Equine Marketing, Farnam; Martha Lefebvre, Senior Marketing Manager, Equine Marketing at Farnam and Ron Akre, Director of Integrated Marketing at Farnam.

For more information on Farnam Arena, please visit [www.southpointarena.com](http://www.southpointarena.com).





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*See you next time! - Codi Kern*

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## What is Epistaxis?

By The VHN Writing Team



It might look like a very technical and foreboding medical term at first. Believe it or not, you've more than likely already witnessed your horse have epistaxis.

The word epistaxis simply means "bleeding from the nose." It's more of a blanket term for a horse's nosebleeds, as it can cover anything from a few drops, to a gushing nosebleed.

Bleeding from a horse's nose can originate from anywhere in the upper and lower respiratory tract. This includes the sinuses and other airway structures in the head. Because the blood can have many origins, it can be difficult to deduce where it's coming from by only looking at the outside.

What exactly causes epistaxis?

The most common cause of epistaxis is trauma to the horse's head or nose area. Hard, blunt force to a horse's head like shying and hitting a metal rung, barn door, or other hard surface can cause bleeding.

A kick or a fall can also lead to epistaxis. In these scenarios the sinuses rupture, allowing fresh, bright blood to flow through the passages and out the nostrils.

Usually the bleeding isn't a concern, though it can be shocking. An infection of the sinuses can also cause bleeding, but the consistency would be different with the accompaniment of puss.

Abscesses in any part of the airway can also lead to bleeding as well as foreign objects entering the nose like a rock, twig, wood, or piece of hay.

If your horse is experiencing epistaxis after turnout or pasture time, rule out possible sharp foreign objects just in case.

Exercise Induced Pulmonary Hemorrhage may be another cause, often seen in performance horses. This happens with the rupture of blood vessels in the lungs due to heavy exercise, though seeing blood come out is more rare. The condition is still being studied. Some horses may have a predisposition for EIPH and if it happens too often it can lead to scarring.

One last possibility is the drying out of the airways. Sometimes when the weather changes to a low humidity suddenly and the days get hotter, the airways can crack and allow for a bit of blood.

This change is most often mild and short lived as your horse's body adapts to the change.

Though epistaxis can be alarming, a calm intervention is important. Checking the coloring of the blood, how much is coming out, the consistency, if it's leaking from both nostrils, and if it has stopped or stops after a few minutes are all things to look for.


Often, the blood will be dried and need a quick clean up. After, owners typically find a spot where their horse bumped their nose or sneezed onto the ground.

Perhaps one of the good things about a bloody nose is that it leaves an easy to track trail behind so that owners can investigate.

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If your horse has had a major nosebleed from both nostrils that took awhile to stop, a call to the vet may be a good idea to rule out damage and any infection possibility.

If the consistency of the blood is strange or if your horse displays odd behavior along with the bleeding, there may be more going on that needs immediate treatment.

A check up by the vet can help you understand what has happened.

Looks for signs of:

- Fever
- Extreme tenderness
- Disorientation
- Excessive rubbing on the nostrils
- Odd color
- Odor
- Puss
- Changes in breathing
- Changes in appetite/ drinking
- Frequent nosebleeds
- Overly heavy nosebleeds

If your horse doesn't display any odd symptoms and is back to his normal self after the bleeding has stopped, then he should be fine. Epistaxis can be a somewhat scary thing to see on your horse, but is both common and explainable just as in humans.



## • Happy Trails Monthly Recipe •

Created by Chef Sharon Hauht

### “Almond Crusted Chicken Fingers with Honey Mustard Dipping Sauce”

Prep Time: 15 min Cook Time: 20 min Servings: 4

#### Ingredients:

2 Tbsp. raw honey  
 2 Tbsp. Dijon mustard  
 2 tsp. rice wine vinegar  
 Nonstick cooking spray (or olive oil cooking spray)  
 2 large eggs  
 2 Tbsp. water  
 1 lb. raw chicken breast tenders, skinless  
 1 cup whole wheat Panko bread crumbs (Japanese-style bread crumbs)  
 ½ cup finely chopped sliced almonds  
 1 dash tsp. sea salt  
 1 dash tsp. ground black pepper

#### Directions:

1. Combine honey, mustard, and vinegar in a small bowl; mix well. Chill.
2. Preheat oven to 425° F.
3. Line baking sheet with foil; lightly coat with spray.
4. Combine eggs and water in a medium shallow bowl; whisk to blend.
5. Soak chicken in egg mixture for 30 minutes, turning once; set aside.
6. Combine bread crumbs, almonds, salt, and pepper in a large resealable plastic bag; shake to combine.
7. Working with a few pieces at a time, lift chicken from egg mixture, letting excess drip back into bowl, and drop into bag containing bread crumb mixture. Seal bag and shake to coat; repeat with remaining chicken.
8. Place chicken on prepared baking sheet. Bake for 18 to 20 minutes, turning after 10 minutes, until no longer pink in the middle and golden brown.
9. Serve with honey mustard dipping sauce.



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## About Happy Trails Kitchen



Sharon Hauht is the owner of Happy Trails Kitchen that specializes in baking and artfully decorated custom celebration cakes, cupcakes, cookies and sugar art for your special occasion. Sharon is an award winning cake decorator who has more than 40 years experience. Sharon competed with her team, Gouly Goblins, on Season 10 of Food Network's Halloween Wars and was featured on the Road to Halloween Wars, which aired on September 13, 2020.

Happy Trails Kitchen (HTK) is registered by the Southern Nevada Health District (SNHD) as a cottage food operation, which means HTK's food labels have been approved by SNHD, applicable recipes have been lab-tested for shelf stability (pH and water activity), and Sharon Hauht has been approved to bake and decorate cakes out of her home. She can print edible images (logos and Photographs) on your confections. She has her food handler's card for food safety.

You can see pictures of some of her recent projects on her website: [www.happytrailskitchen.com](http://www.happytrailskitchen.com). You can contact Sharon through her website or by emailing her at [happytrailskitchen@gmail.com](mailto:happytrailskitchen@gmail.com) or call (702) 277-8000. HTK is also on Facebook and Instagram under HappyTrailsKitchen.



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## Water Temperature and Drinking Frequency Study

By The VHN Writing Team



Hydration is a vital part of a horse's health. It's a given that at any time of year, whether hot or cold, a horse should have access to water around the clock. Horses can drink anywhere from 6 – 18 gallons of water a day depending on the weather, horse size, and workload.

That's a lot of liquid in a 24 hour period. The last time you filled up your horse's water bucket or watched him drink from an automatic waterer, did you wonder if he had a preference for water temperature?

If you think about human water preferences, we generally like our water to be cold or at least room temperature when we are thirsty. It might lead to a bit of a brain freeze, but cold water is refreshing especially in the summer.

So, what about our equines? Does temperature play a role in how much our horses drink?

Studies are starting to show that it does.

Scientists have run tests to compare how much horses will drink when given the decision between warm water and cold water in varying circumstances. The warm water was heated on site and the cold water was a natural, flowing spring. The results of the preliminary tests were surprising.

When given a choice between warm water and cold water, horses would go and drink the cold water instead. However, when scientists removed the option of the cold water to see how much horses would drink of the warm water when they had no other choice, the horses gave some odd results.

They drank more of the warm water by volume than the cold when only the warm was available.

That is to say, while the horses chose the cold water over the warm water when they had the choice, they still ended up drinking more warm water overall than the cold when it wasn't an option.

These strange results raise some questions about why horses would inherently choose the cold water over warm, yet drink much more of the warm water in the second study. The scientists guessed at a few possibilities.

1. Drinking the cold water was an instinct. The cold water was a natural source, meaning that it was the freshest and the least likely to have any contaminants.
2. The warm water is less satisfying in comparison and less likely to quench thirst.
3. While the cold water is more satisfying, the warm water is easier on the stomach when drank in larger amounts.

It's impossible to say for sure what the logic is behind the decision without more specific studies to rule out the different postulations.

But the results did show one thing: if you want your horse to drink more water in the winter, provide only warm water with no competing cold water source.

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As with any change to your horse's routine, a vet's approval is a good idea. Some horses may not take to the change well if you should decide to try warm water in the winter.

You can always test the temperature change to see how your horse reacts, whether for a long term possibility or just out of curiosity.

It's more likely that your horse will drink a greater volume of the warm water if it's the only available source during the cold months, which tend to be the time when thirst isn't as predominant for horses.

If your horse has trouble staying hydrated during the wintertime because of lack of thirst or sensitivities, the warm water might be easier on his system and palate.

What do you think of the study? Have you tried giving your horse more temperate water?



## Dollar Store Barn Hacks

By The VHN Writing Team



Many horse owners can probably think of a time where they just got done doing a supply run for hay, supplements, new fly spray, or other routine purchases, only to realize they forgot something. Caring for our equines can sometimes feel like a constant dip into our wallets and a never ending list of things to get. While a lot of our purchases can be pricey and need to be of a certain quality, other purchases don't have to be.

Every day items that you keep in your barn can be found at the dollar store, and when they add up, can save you quite a bit. Here are some items you can find at the dollar store or for much cheaper:

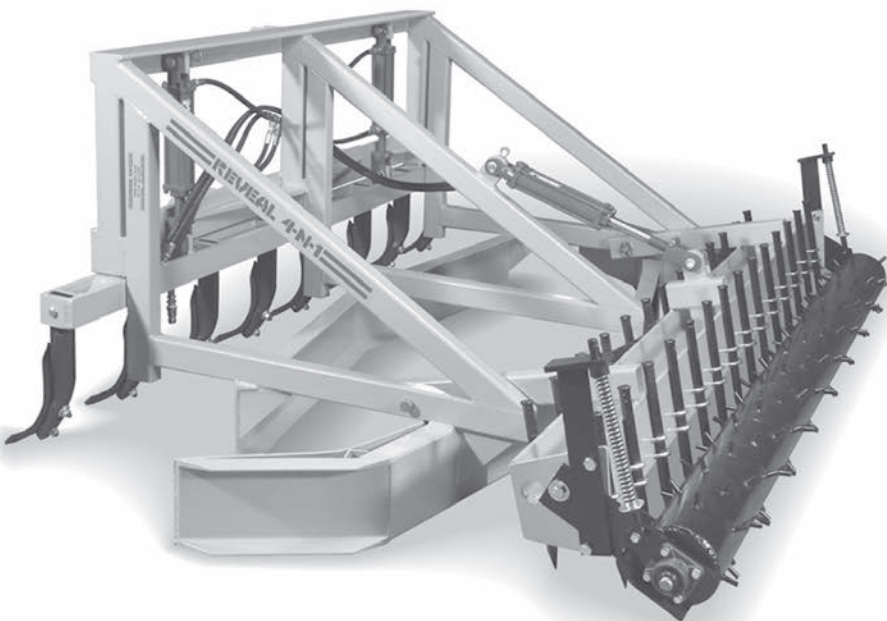


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## The Correlation Between Weather Changes and Colic

By The VHN Writing Team



2020 has been a year full of unexpected changes and difficult circumstances for everyone. It seems only fitting that with the rest of the chaos these months have brought should also come turbulent weather as the seasons change.

As the states transition into fall and daylight savings, the temperatures have decided that they won't go down without a fight. Many areas have set record high temperatures for this time of year in just a few weeks when traditionally a slow cooling would happen.

Lack of rain and next to no monsoon season has left the already hot climate impossibly dry. With fall's approach, cold fronts have suddenly blown in out of nowhere, leaving steep drops in temperature with near 30 degree or more plummets.

The rising and falling temperatures can leave us all a little grouchy. Some of us don't want the warmer temperatures to leave, others are annoyed that the cold isn't coming quick enough. And nearly all of us are praying for some moisture and showers.

While the rollercoaster forecast can be less than ideal for us, it can be a real health risk for our horses.

Most vets and horse health care professionals will agree that rapidly changing temperatures causes a steep incline in colic cases. While colic is more frequent during warming or cooling, when the change goes up and down without any predictably and does so quickly, even the most hardy of horses can suffer.

But why does dramatic temperature change make horses more prone to colic?

There can be a few reasons.

1. Our horses tend to be healthiest when they can graze slowly over the course of the day and retain a comfortable schedule of ingesting. When the weather decides to suddenly get hot or suddenly cool down, this can affect our horses desire to eat. Our horses may not have the same appetite for food when they are suddenly too warm or too cold.

They also may turn their nose up at the normal feed if they get too chilly and can't regulate their body temperature. Let's face it, going from hot and sweaty to cold and shivering is enough to make anybody lose their appetite.

2. The change in temperatures can cause horses to stop drinking. If we're starting to leave the summer months behind, our horse's have gotten used to being hot and thirsty. They will drink because they need to replenish from sweating.

If the day suddenly turns cold, or even more so the nights, that bucket of water won't seem as appealing.

The lack of drinking can make our horses dehydrated and increase the risk of impaction among other ailments.

3. Up and down weather can also have a huge impact on grass and other forage. The lush green paddock your horse used to get a good snack and even some hydration from is no longer growing thanks to the weather change.

Hay businesses could see a bad turn out for crops if the weather gets too wacky too quickly. Any time we change our horse's feed, even if it's just new hay or hay that tasted just a little different, our buddies can suddenly turn picky and decide they want something else to eat.

4. As temperatures go haywire, so can the exercise routine we have for our equines. Some horses can get adequate exercise in the pasture while others need more rigorous work. If this process is changed suddenly, it can cause our horses to not be quite themselves and have an affect on their eating and drinking.

Because we cannot control the weather we are left to figure out how to combat its affect on our buddies.

Regardless of season and temperature, always provide enough water for your horses. It should be an unlimited supply so that their buckets are never empty. Consider adding salt to your horses diet or other supplements/snacks to help keep your horse thirsty.

Monitor your horses food intake to see if you need to intervene. If your horse's is losing weight or begins to turn his nose up to his feed in tandem with weird weather, you can start to treat it before a full blown colic hits.

While the approach of cold weather, especially when it's sudden, can be unpleasant for our horses, they still know what to do to keep themselves warm. Our equines will seek out shelter and wind breaks in an effort to balance their body temperature.

Make sure there is always somewhere for your horse to go should he need to get out of the wind, rain, or snow. A smaller space also allows your horse to heat up with his own body heat. Shade is also good for when the weather decides to bump back to warm.

Keep your blankets and sheets handy as you might have to do a fair amount of wrapping and unwrapping your equines until the weather settles. This can be pivotal for older horses or horses that have been body clipped.

While the temperatures keep up a roller coaster pattern for now, it won't be long before true fall weather sets in and eventually winter will greet us once again. Until then, all we can do it adapt, look after our equines as best we can with the help of a vet if need be, and enjoy the holidays as 2020 finishes up.





## Getting the True Z's: Sleep for Horse Health

By The VHN Writing Team



The saying “out of sight, out of mind” can be true for a lot of things. It can apply to the growing pile of clothes in your closet that don't fit and need to be donated or even a utility bill that got set aside and has suddenly come due. When things are out of sight, we often forget about them completely or just don't really think about them that often until the need arises.

One thing that not many owners think about is their equine's sleep habits. When was the last time you saw your horse, or any horse truly sleeping? And we don't mean taking a midday nap in the sun.

Did he sleep well last night? How much did he sleep? It's okay if your answer is, “I don't really know.” A lot of times, we aren't simply there when our horses are sleeping, especially over an entire night.

We do know how important sleep is for us humans, so it only makes sense that horses have their own sleep requirements.

Let's imagine the scenario of a horse owner named Emily. She just moved to a new barn with her horse Maximus or Max for short. He's a hefty thoroughbred with a sweet disposition and an enthusiastic love of cookies.

A few days after Emily has moved Max into his new quarters, she is giving him a brush down in the cross ties. The soft movements of the bristles are enough to lull big Maximus into a relaxed state, droopy lip and all.

Then, before she knows it, Max's legs crumple and he starts to fall asleep right there in the ties. Luckily, Max startles awake before completely buckling to the ground. After checking that he's alright, Emily can only think “What on earth just happened?”

Well this scenario is a bit more than a horse who was too relaxed by some great brushing.

The culprit of Max's less than graceful cross tie experience is due to a lack of proper sleep. What Emily hasn't realized is that Max's sleep has declined due to acclimatizing to a new property, new stall, and new barn mates.

This is of course no fault of Emily's or Max's. It's just an example of how easily our horses' sleep can be affected and the consequences that can follow.

In general, horses will choose to sleep in one of three positions. Standing up, lying down on the side (called Lateral Recumbency) or lying on the belly with legs tucked under (Sternal Recumbency).

Generally, horses will need to lay down at some point, as it is necessary to achieve a time of deeper sleep.

Horses require around 5-7 hours of sleep per day, with around an hour of that time recumbent REM (rapid eye movement) sleep to stay healthy.

It's a bit different for humans at 8-9 hours of sleep per night, depending on the person is considered healthy. We also need uninterrupted sleep for the entire time. Horses, however, typically sleep in small spans throughout the day rather than all at once.

This makes sense considering their instincts. Wild horses would have to worry about predators and being aware of their surroundings. Sleep would be a time of vulnerability, in a herd or not, and couldn't last for hours at a time.

With this logic, it's easy to see how our domesticated horses can be impacted fairly easily and suffer as a result of bad sleep.

Things that can affect our horses sleep can include:

A new stall or property (ex. Moving), new buddies or lack of buddies nearby, being away from home, loss of a barn friend, your horse's age, time of day, season, weather, atmosphere of the pen/ barn, type of bedding, sickness or ailments, etc.

With all of these things and more, it's no wonder our horses' routine can be thrown off.

Since horses sleep throughout the day, we can often catch them dozing while we do our work. When we arrive in the morning, they may be flat out on the ground still snoring away. They may doze in the cross ties like Maximus with a floppy lip or while waiting in the show ring.

Dozing is natural for horses, kind of like a power nap. But when a horse has trouble functioning or randomly falls completely asleep like Maximus, it can be a sign that something is off. If your horse shows signs that he's tired at odd moments, like say when he's being fed, it might be time to do some investigating.

Using the list above, consider what might be causing your horse to miss out on sleep. It can be a small problem or a big one, so it could take some time to riddle out. When in doubt, speak with your vet, as it could be an ailment or even a side effect of medication.

To prevent sleep deprivation in the future, consider the problems above and how you can stop them from happening in the first place.

Make every effort to keep your horse comfortable in new places. Even little things like familiar smells can help.

Take new experiences or new horse buddies gradually so your horse has time to adjust.

Keep up with regular vet checks and make sure your horse is healthy as he ages. Also keep up with medications and assessing your horses ailments or diseases as he ages.

Prepare for bad weather and seasonal changes beforehand, especially if you are rapidly changing climates.

You can also observe your horse at different times of the day. You might have to be a little sneaky, as your presence can wake your horse.

Try driving by at different times to see when he's sleeping, how he's sleeping and what activities are happening at the times you aren't typically around. These activities can be the reason your horse loses sleep and you would never know.

The next time you catch your horse dozing, remember how important sleep is for both of you and maybe give him just a few more minutes of shut eye. We're sure he'll appreciate it.



## Equine Trivia Game

by The VHN Writing Team



That's right, it's game night!

This is your time to get together with your spouse, your friends, your kids, or all three and have a fun night filled with snacks, laughter, and maybe some bubbly. You can even enjoy by yourself and see how many you can answer. We've put together a list of equine trivia questions in time for a Thanksgiving get together.

Some are easy, some are hard, and some are straight from the horse's mouth. Each question will have the correct answer placed on the next page (see: Answer Key) so no cheating. Do you think you can answer them all? Let's find out!

1. Up to how many teeth can a horse have?



2. Which horse breed is the most popular?

3. Which horse breed has one less vertebrae and one less pair of ribs than the rest?

4. The horse is known as a \_\_\_\_\_ because they only eat plant material.

5. How many bones to horses typically have?

6. What parts of a horse never stop growing?

7. What was the name of the first horse to win the Triple Crown?

8. What was the name of the talking horse from a famous 60's tv show (of the same name)?

9. The first cloned horse, known as Promotea, was which breed?

10. Roy Rogers' palomino stallion was known by what name?

11. What does it mean when a horse has "a lot of chrome?"

12. True or False: Horses can get the hiccups.

13. The baby of a male horse and female donkey is known as a what?

14. Which animal is the closest living relative to horses?

15. What type of horse is born either bay or black and turns white as it gets older?

16. True or False: Horses don't have collar bones.

17. What are the odds of a mare having twin foals?

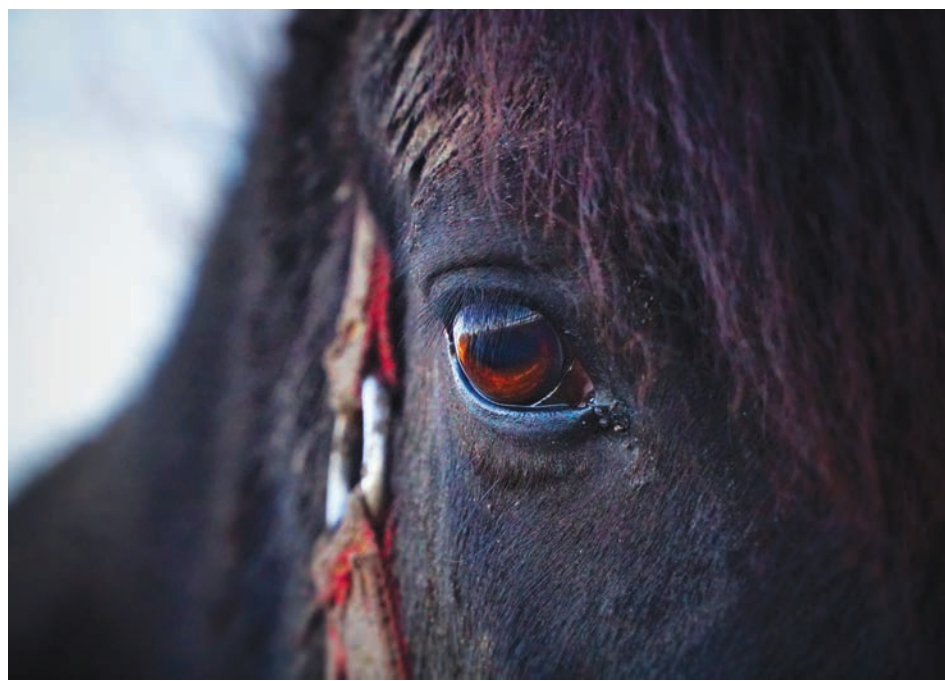
18. The winged horse from greek mythology was known as what?

19. Which is the fastest breed of horse?

20. How many horses race in the Kentucky Derby?

21. How many years did the oldest horse in history live?

22. True or False: Horses are colorblind.



23. Which horse breed is the only true wild horse still in existence?

24. How many pounds did Secretariat's heart weigh?

25. What year was the first rodeo believed to have happened?

26. Done in 1949, how high is the world record horse jump?

27. According to the Guinness World Records, how high is the record miniature horse jump?

28. True or False: The very first horse in history was no bigger than a dog.

29. What is the record barrel racing time of the National Finals Rodeo?

30. What is the most common horse color?

There are thirty trivia questions about horses. The answer key can be found at the top of the next page to check your answers and round up who is the winner.

How many did you get right? Did any of the answers surprise you?

Let us know if you enjoyed this horse trivia game at valleyhorsenews@gmail.com and we'll put together a second round for the December 2020 edition holiday. Also send in your question or topic ideas for round number two.

Happy Thanksgiving!

## The Deal with Donkeys

By The VHN Writing Team



The term equine applies not only to big horses, mini horses, and mules. It also applies to donkeys. These animals are very unique and can sometimes be misunderstood. Here are ten facts about these equines that you might not know.

1. Donkeys need to bond with other animals, if not other donkeys. A lonely donkey is an unhealthy donkey and can actually become ill or even die because of that loneliness. When a donkey has a companion, that companion is a friend for life, whether they are bonded to another donkey or a horse or other livestock.

2. They come in all kinds of varieties. Donkeys can come in all sizes, shapes, and many colors. There are 186 breeds of donkey in the world, all with their own unique looks. The most common donkey colors are grey and brown.

3. They have six types of vocalizations. Most of us are familiar with a donkey bray. It has the classic hee-haw sound. But that's not the only noise they can make. Donkeys can bray, growl, grunt, squeal, whuffle, and snort. The bray is the loudest of sounds and can travel large distances.

4. Donkeys have crosses. On the backs of donkeys, they have two stripes that cross. One going down the spine and the other going opposite over the shoulders. This forms a cross shape and many believe it symbolizes the donkey that bore Jesus into Jerusalem on Palm Sunday.

5. They have military history. Donkeys have been on the front lines just like horses. They were used to haul ammunition and to retrieve wounded soldiers in many wars, including World War I.

6. They are important parts of the natural ecosystem. When wild donkeys dig for water, they are allowing other types of wildlife to survive by drinking from the very same groundwater access that they couldn't create on their own.

7. Donkey ears are great for hearing and also for cooling down. Their large ears allow them to hear from great distances but they also help to dissipate excess heat in the desert.

8. In many countries Donkeys are the go to guard dogs. Donkeys are naturally protective and territorial and are often used as guards for livestock against wild dogs, wolves, coyotes, fox and more. It's advised that anyone getting a donkey should take care to keep dogs and other smaller livestock away until socialized to prevent injuries.

9. Donkeys have been shown to be smarter than horses. It's true, in critical thinking studies, when horses, mules, and donkeys were tested the same way, the donkeys and mules were shown to be smarter.

10. The Miniature Mediterranean donkey is the smallest donkey standing under three feet in height maximum. The breed is very popular in the U.S. and holds the world record for shortest donkey at just 25.29 inches at the shoulder.

## Equine Trivia Game Answer Key:

1. Forty Teeth
2. Quarter Horse
3. Arabian Horse
4. Herbivore
5. 205 Bones
6. Teeth and Hooves
7. Sir Barton
8. Mister Ed
9. Halflinger
10. Trigger
11. They have a lot of white markings
12. False
13. Hinney
14. Rhinoceros
15. Lipizzan or Lipizzaner
16. True
17. 1 in 10,000
18. Pegasus
19. Thoroughbreds
20. Twenty Horses
21. 62 years
22. False
23. The Przewlski's Horse
24. 21-22 Pounds
25. 1869
26. 8 ft. 1 inches
27. 42.5 inches
28. True
29. 13.46 seconds
30. Bay

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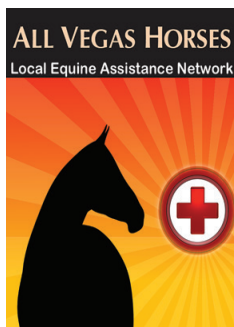
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## A Horse, Of Course

By DON BLAZER



It's hard to save a buck these days. It can be done, but to do it, you have to spend money.

Don't buy cheap horses or cheap tack. Both always turn out to be more expensive in the long run.

Over the years, the initial price of the horse will be the least expensive equine related item. So spend your money wisely, and get a good one.

You can be reasonably certain that a "free" or "cheap" horse has health problems, is not able to be handled or has issues. A good bred, well-trained mature horse will be well worth the money spent.

When contemplating the purchase of a horse, spend some money and get a vet-check. The veterinarian will examine the horse for soundness and general good health. He may advise you to get radiographs if you intend to use the horse in performance events.

Once you get the horse, you will want to feed it properly. This means providing plenty of good quality forage, and possibly a commercial grain if the forage does not meet nutritional needs.

If you are keeping the horse at a boarding stable, do research to determine if the feed being provided is designed for your horse's age, health and activity level. Check to ensure the amount being fed to your horse is the amount he needs. A stable that feeds "two flakes of hay in the morning and two flakes at night" to every horse in the barn may not have your horse's individual nutritional needs met. Be prepared to spend additional money if your horse needs a different grain, extra forage or another meal.

Water is the least expensive nutrient, but the most important.

Not providing your horse with fresh, clean water at all times can lead to colic, dehydration and the inability to utilize nutrients in the feed. Lack of water can cost you money in veterinarian bills, so invest in water containers that are easily cleaned and re-filled on a daily basis.

If using automatic water cups, install a flow meter so daily consumption can be monitored. Also, don't neglect checking automatic water cups every day, to ensure they are working and clean.

Large water tanks should be dumped and cleaned weekly. If the water is green with algae, do not expect your horse to drink from it – would you?

You'll save money on tack if you buy the best the first time around and take care of it. One good lead shank at \$12.00 will be better than three broken ones at \$4.00 each.

Good leather products, which are well-cared for, can last a lifetime. Cheap reins, headstalls and saddles fall apart and can cause the horse discomfort. The same is true of bits and saddle pads.

And unless you are experienced at buying tack, avoid auction bargains. The savings at auctions are frequently imaginary.

Keep your investments picked up, cleaned up and in their proper place. Items that are lost, dirty or broken are always expensive.

Economy with horses is principally good management. Buy the best you can afford and take care of it. Buy cheap and you may find yourself holding a broken lead and the horse gone.

Visit [www.horsecoursesonline.com](http://www.horsecoursesonline.com) to earn certification as a horse trainer, riding instructor or stable manager, or work toward a Bachelor of Science degree in Equine Studies. All courses online.



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## UPCOMING EVENTS

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*Thank you sponsors for your continued support!*



### November

**By Anna Dunstone**

November was her name  
That woman, hunched and old  
And when November came  
She brought us peaceful cold  
She gifts all the horses  
Warm coats whose armor will  
Protect them from the bite  
Of winter's gloomy chill  
November brings beauty  
But in a deathly way  
By stripping trees of clothes  
And shortening the day  
November often sneaks up  
So dare I say, prepare  
For soon we shall be covered—  
November everywhere.



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## Separating Bonded Horses

By The VHN Writing Team



Equines are naturally herd animals, which means that having a social part of their lives is essential to their health and happiness. Whether an owner has multiple horses or just one, typically our buddies will find a way to attach to another animal.

It might be the horse next to them, a horse across from them, or even another livestock animal. It's usually fairly easy to tell who your horse has a connection with and who they don't much care for.

This attachment can form a very strong bond between the two horses, making for some great and not so great parts of caring for them.

Bonded horses keep each other company and keep them healthy, 24/7. They love on each other and itch each other and talk to each other, keeping boredom and loneliness at bay.

For all the love that can be experienced, sometimes this bond can create havoc in other areas of the horses' lives, like when it's time to do work without their buddy horse.

This can be seen when a horse is going away on a trip and as soon as the two friends are separated, the crying and hollering for each other goes on and on. Even if the two are separated by just a little ways, say a few stalls or more, this can lead to back and forth calling for each other, much to the dismay and annoyance of fellow horse owners.

This attachment can even lead to more dangerous behavior, like pacing, striking, not listening to commands, and full on panic episodes. This behavior is a much more obsessive level and can be categorized as unhealthy overall.

Your horse is no longer prioritizing you over their buddy and willingly doing what is asked. At this point is usually when some hard decisions have to be made for the sake of the relationship you have with your horse and his day to day functioning.

When an owner is faced with a bonded horse or two, it's hard to decide what to do. And really, there are two options.

For one, you might decide that leaving them bonded and near each other is a good thing and something you can live with.

If that's the case, then there's no harm as long as it is understood that they cannot be separated without serious consequences.

Riding with just one, leaving with just one, and any solo ventures is a no go if they are bonded. Everything is done together or within very close proximity or it's not done at all. For some people, that's enough, especially if a horse is older and more fragile.

If leaving the two together is not what you feel is best, then the challenge of separating the two has to start. It will be very hard, heartbreaking, and could have some unfortunate side effects, but it can be successful if done right and kept up.

To start, the two horses should be separated completely. This is to mean they should be away from each other to the point where they can't even see one another. This will help to mitigate any back and forth calling. It will still happen, but it won't be fueled by sight.

When the two are separated, there will be panic and pacing and it will feel horrible. Distraction is the key, so try separating around a mealtime so that food can help to calm and distract them.

The stress can also have an impact on the two horses' digestive system, so constant forage for the two will be beneficial, especially if they are pacing and burning a lot of calories.

Always make sure that they are maintaining their eating and drinking. Some horses may go off food and water, which is dangerous. It may be temporary, but if it lasts more than a day or two, a vet's intervention may be needed.

A veterinarian may have options for sedative care or stress relief. Medication can have bad side effects, but the main objective is to get your horse to calm down, eat, drink, and rest. If your horse is elderly or has any ailments, this separation can take a much harder toll.

If your horse is more fragile, consider getting a vet's help at the very beginning before separating, so that you can be prepared before any potential problems.

With time every horse will calm down, it will just take a while. It will be a grueling process and you'll have to stick to it. Some horse owners advocate for a slow and steady separation, but this can only make the process drag on and worsen the stress of the situation.

No matter what, all the decisions are at the discretion of the owner. Only you know what your horse is truly like and what may help them.

Regardless of the tactics you use, it's important that you do not let the two horses back into contact with each other too soon, or everything will have been for nothing. This isn't to say that the horses can never be pals and be around each other. But it needs to wait until they are both independent and healthy, and the contact cannot be long term.

You can still have the option of riding with the other horse and owner or close proximity activities. But turning out or spending the night in the same or nearby stalls may rekindle that bond.


It's better to be safe than sorry.

Finally, while you may wish to separate the two horses, keep in mind the need for socializing. Horses need some form of herd, whether it's another horse or another animal altogether. It's possible without your horse bonding again, so don't let that fear cause you to keep your horse completely alone.

The shock of having company, taking that buddy away, and always being alone after that can have consequences just the same as an unhealthy bond.

Find a happy balance with another buddy and know that the stress and anguish is only temporary. If done right and for the right reasons, then in the end, it's worth the work.



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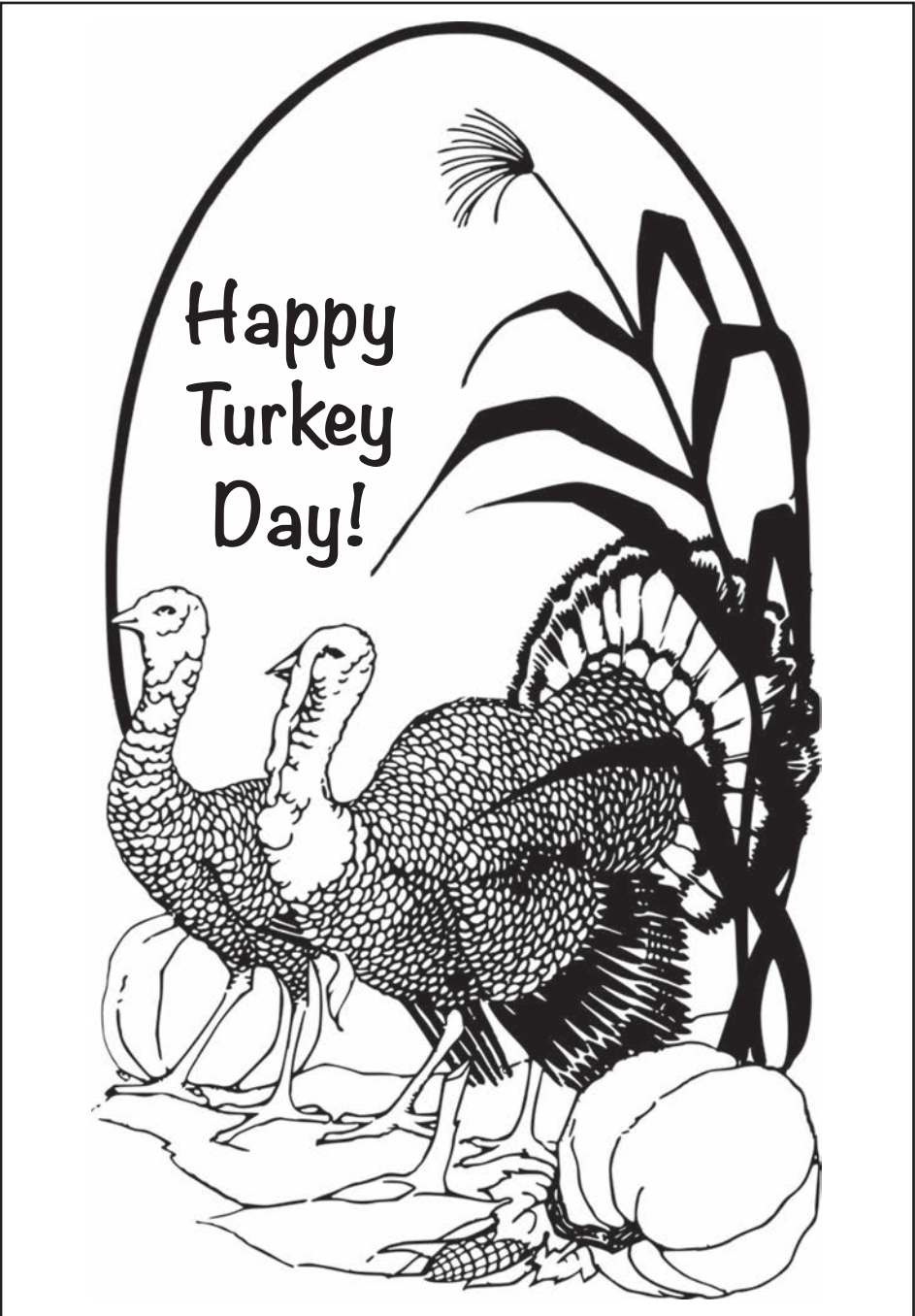
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# NOVEMBER 2020 CALENDER OF EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
<p>*The scheduling of events for all organizations and locations is currently under constant change due to COVID-19. For the most up to date schedules, attendance, and virtual show dates/ info please regularly visit the corresponding websites.* <i>Thank You</i></p>						
8	9 APACHE LAND APPALOOSA CLUB Meeting 7:00pm, Horseshoe Restaurant, Benson AZ; Contact Fred @ 520-384-5332	10 NSHAV GENERAL MEETING 7pm Olive Garden - 1361 S. Decatur Blvd. 702-645-2988 POSS GENERAL MEETING 7pm @ WULFY'S Hwy 160 Pahrump 775-727-9576	11 HCON MONTHLY MEETING 7pm Doc's Saddlery 6185 Elkhorn RD LV, NV 702-361-5456 BCH of UTAH WASATCH FRONT CHAPTER 7:00pm American Legion 345 Depot st Clearfield, UT Info. 801-773-9419	12	13	14 LVGA Henderson Saddle Association www.lasvegasmkhanaassociation.com
15	16	17 SSPHC MONTHLY MEETING 7pm IHop Cheyenne & Rainbow 702-373-2673 paintmee@aol.com	18 LVAHA GENERAL MEETING, 7:15pm; Marie Calenders - 8175 W. Sahara Info: keppes@cscinfo@aol.com	19	20	21 Southern Nevada Hunter Jumpers Association Horseman's Park snhja.com
22 Southern Nevada Hunter Jumpers Association Horseman's Park snhja.com	23	24	25	26 HAPPY THANKSGIVING!	27	28
29	30 S. NV REGIONAL TRAILS 4701 N Torrey Pines Dr., LV Contact Ed @ 702-645-1791 editoredd@juno.com			<p><b>VALLEY HORSE NEWS DEADLINE</b> 15th of EVERY MONTH valleyhorsenews@gmail.com</p>		

# DECEMBER 2020 CALENDER OF EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	7	8 NSHA GENERAL MEETING 7pm Olive Garden - 1361 S. Decatur Blvd. 702-645-2988 POSS GENERAL MEETING 7pm @ WULFY'S Hwy 160 Pahrump 775-727-9576	9 HCON MONTHLY MEETING 7pm Doc's Saddlery 6185 Elkhorn RD LV, NV 702-361-5456 BCH of UTAH WASATCH FRONT CHAPTER 7:00pm American Legion 345 Depot st Clearfield, UT Info. 801-773-9419	10	11	12
13	14 APACHE LAND APPALOOSA CLUB Meeting 7:00pm, Horseshoe Restaurant, Benson AZ; Contact Fred @ 520-384-5332	15 SSPHC MONTHLY MEETING 7pm IHop Cheyenne & Rainbow 702-373-2673 paintmee@aol.com	16 LVAHA GENERAL MEETING, 7:15pm; Marie Calenders - 8175 W. Sahara Info: keppes@cscinfo@aol.com	17	18	19
20	21	22	23	24	25 MERRY CHRISTMAS!	26
27	28 S. NV REGIONAL TRAILS 4701 N Torrey Pines Dr., LV Contact Ed @ 702-645-1791 editoredd@juno.com	29	30	31		



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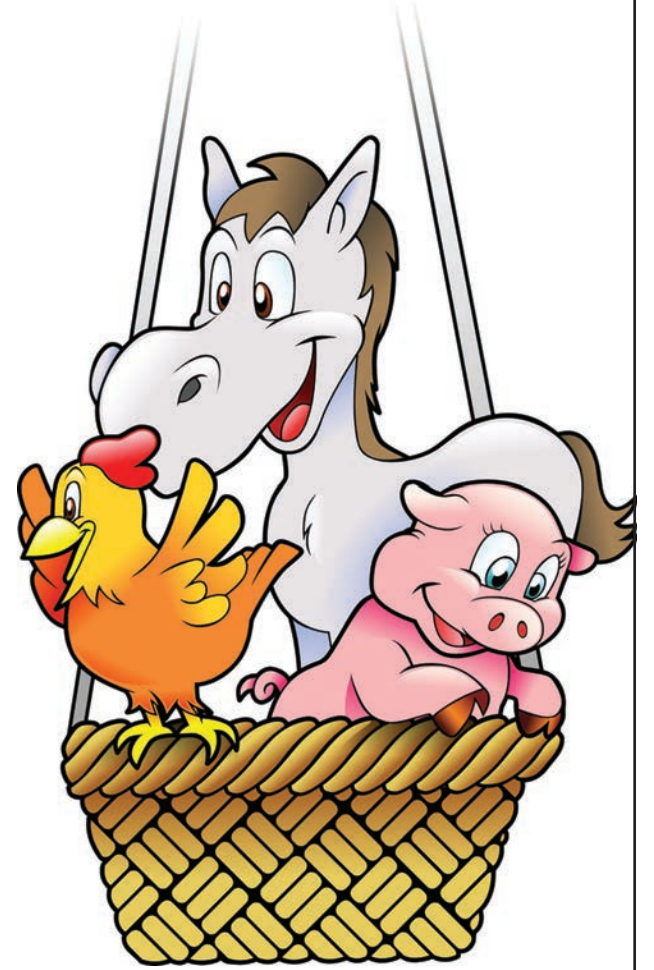
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Any farm animal in need has a place in this section for as long as they need it!



## ***Welcome all rescues, sanctuaries, and non-profits!***

Now is the chance to give farm animals in need of adopting and fostering an extra spotlight - **on the house**.

Valley Horse News will now have an adoptions section solely for farm animals at shelters and organizations that need to find a loving, forever home. On this page, every month, you will find photos and information about wonderful animals that could be the perfect addition to your home or farm. You will also find the organization that they come from and how you can get in contact.

This section will remain in the paper *indefinitely*.

As long as there is an animal that needs it, it will be open for listings.

Are you an organization or know of an organization that helps farm animals? Contact now for more information and to be featured on this page every month. Remember, this page is for **adoptions only**.

Animals for sale by owner must be advertised in other sections.

Please spread the word far and wide about this section so we can facilitate as many adoptions as possible. These precious animals need and deserve all the help we can get. It is a personal goal to make this section explode every single month! A home for every animal that comes on this page is not only a worthwhile but completely possible goal.

Just imagine what could be done by this time next year. So let's make it happen!

**Have questions?** Email us at [valleyhorsenews@gmail.com](mailto:valleyhorsenews@gmail.com) or call 702-808-7669

We will provide all of the information you need and answer any inquiries you may have.



# Terri Gamboa Team

## #1 in Acreage Properties

### in Las Vegas



Cindy Parker  
702-528-1048

Sommer McDaniel  
702-370-2404

~ NW ~

Terri Gamboa  
702-528-5473

Jenny Parker  
909-322-4601



7236 Boyd Lane. Gorgeous Luxury Home on an Acre W/ Private Well, Beautiful Brazilian Hardwood Floors, Incl. Kitchen, Stunning Lush Backyard With Tons of Grass and Trees! \$864K



5000 Cimarron Rd. Horse Prop. W/ Resort Style Backyard W/ Pool. 2,355sq Ft, 4 Bd/3 Ba. 4 Stall Md Barn W/ Breezeway & Big Shady Stalls, Arena Footing. 6 Min To Lone Mtn Park's Covered Arena! \$664K



4335 N Fort Apache. 1/2 Acre Lot in Private 4 Lot Cul-De-Sac, Priced as Package to Include Gorgeous Architecture Plans for Custom Luxury Home \$324K



4.75 acres Farm Rd. next to top Dressage facility, green like in country, individual pastures & trees can be 4 x 1.25 acre parcels for separate buyers \$995K

## Excellent Land Lenders - 80% Financing!!



# Call Terri Gamboa (702) 528-5473



Email: [TerriGamboa@aol.com](mailto:TerriGamboa@aol.com)

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License #: S.0066408

Website: [www.TerriGamboa.com](http://www.TerriGamboa.com)



# Terri Gamboa Team

**#1 Horse Property Specialists**

**in Las Vegas**



**Cindy Parker**  
702-528-1048

**Sommer McDaniel**  
702-370-2404

**SW - NW - MT**

**Terri Gamboa**  
702-528-5473

**Jenny Parker**  
909-322-4601



2410 Trumble Creek Rd. 20 acre Whitefish river ranch, in Kalispell Montana, 3944sqft gorgeous home, \$2,350,000 - Keven Guercio, PureWest Real Estate - Whitefish



6760 Hinson St. Authentic Spanish Colonial Single Story. 1/3 of an Acre. Jaw Dropping Interior Finishes. Wood Floors Of Oak, Redwood & Pine. Covered Back Patio W/ Built In Bbq & Pizza Oven \$824K



4335 N Chieftain St. 4bed/3bath - Remodeled 3,313sqft ranch style home. 12 stall mare motel ~ ideal equestrian accommodations. near lone mountain regional park. \$890K



Canyon Highlands: 2 Prime Land Parcels tucked in hills next to MacDonald Ranch Henderson w/incredible strip views \$600K and \$850K

**Call the #1 Horse Property TEAM to list your property here!  
Call us to find your DREAM Horse Property!!**



"Ride in Floyd Lamb Park, approx. 2,000 acres, best ride in town!"

**Call Terri Gamboa**  
**(702) 528-5473**



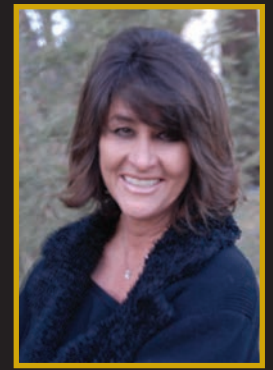
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# Terri Gamboa Team

#1 in Luxury Homes on Acreage  
in Las Vegas



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702-528-1048

Sommer McDaniel  
702-370-2404

~ NW & NW by Floyd Lamb ~

Terri Gamboa  
702-528-5473

Jenny Parker  
909-322-4601



**NEW!**



**INCOME POTENTIAL!**



8860 La Mancha Ave. Lush 1 Acre Spanish Style Estate. 4,373 Sf Total - Main House 2,973 Sf, Approx 1,400 Sf 3br/2ba Guest House, Full Kitchen. 6 Stalls Or Garage Space, Lit Arena, sprinklers, Pvt Well \$1,099,999



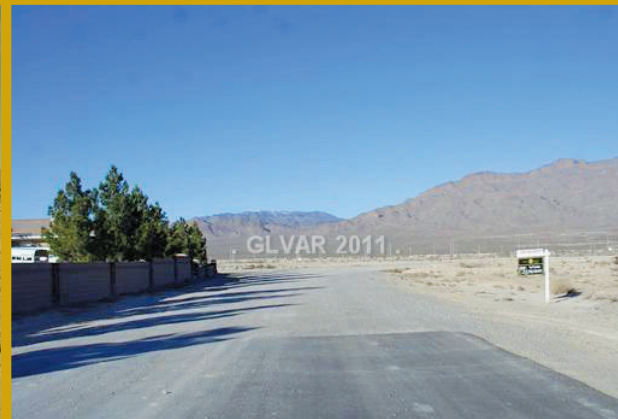
**PENDING!**



6325 Iron Mtn. Rd. Gorgeous Luxury 2 Acre Estate. Next to Floyd Lamb, 3,550 Sf, Open Floor Plan, Luxury Living, Huge Stalls, Arena, Income Potential \$1,595,000



**NEW!**



2A Iron Mountain Rd. 2 sides block walls. beautiful corner lot in equestrian neighborhood. Directly across from 1,500 acre Floyd Lamb Park. Build your own equestrian estate. \$445,000



**NEW PRICE!**



**INCOME POTENTIAL!**



7080 W Rome Blvd. Equestrian oasis on 1 acre corner lot. Remodeled, Pool & horse facilities: stalls, arena, hay storage, round pen, pasture. Extra sqft w/ 1,200 guesthouse (2bed/2bath), basement. \$799K

**Floyd Lamb Park - 1,500 Acres - NEW TRAILS - Best Ride in Town!**

**\*\*\*GREEN ROLLING HILLS, PONDS, BIG TREES, TRAILS!\*\*\***



"Ride in Floyd Lamb Park, approx. 2,000 acres, best ride in town!"

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