

FREE!

www.valleyhorsenews.com

VALLEY HORSE NEWS

Serving the Southwest since 1992

FEBRUARY 2024



All the Love of Our Equine Valentines

VALLEY HORSE NEWS is a monthly All Breed Equine Publication. We are distributed in Nevada, Utah, Arizona and Southern California. Pick up a FREE copy at a tack, feed, or western wear store near you!

BUSINESS CARDS

Business Card Advertisements

Available Monthly
 Contact: 702-808-7669 or
 valleyhorsenews@gmail.com
 for more information!

**VHN Deadline is the 15th
 of every month**

Business Card Pricing Guide
 on next page -
 contact for quotes, multiple
 months, and questions.

TERRI GAMBOA
 TERRI GAMBOA TEAM
 REALTOR®
 702-528-5473
 TerriGamboa@aol.com
 Terrigambo.com
 License # 166408
 Luxury Home Specialist ONE REALTYONEGROUP

Callie Klein
 Western Dressage | Classical Dressage
 Natural Horsemanship | Centered Riding
 Certified Pro Instructor | Clinician
 702-326-9440
 CallieKlein.com
 Increase Your Confidence & Enjoyment!

SHADES
 4 Post Canopy
 Horse Shades. Easy and quick
 to assemble. 18'x18'x10' all galvanized
 construction \$2592 each.
 Free delivery in Las Vegas.
 702-338-6217

Luxury Home Specialist
TERRI GAMBOA TEAM
 REALTYONEGROUP

 #1 in Horse Properties for 17 years

Miss Rodeo Nevada

 Miss Rodeo Nevada Association
 1409 Big Valley Lane, Las Vegas, NV
 89081- Chris@missrodeonevada.com
 WWW.MISSRODEONEVADA.COM

**HITCHIN' POST
 HORSE TRAILER SALES
 & SERVICE**
702-644-1819
 www.hitchinpostrv.com

Ranch Rails
 Premium Horse and Livestock Panels
 Without the Premium Price.
 Servicing NV, UT, CA
 Michael Yslas
 (702) 827-9663
 info@RanchRails.com
 www.ranchrails.com

Monthly Boarding

 More info at
 LasVegasHorseRanch.com
 LVHR Eldorado
 2081 Eldorado Lane
 Las Vegas, NV 89123
 LVHR Haven
 8390 Haven Street
 Las Vegas, NV 89123
 775-296-LVHR (5847)
 COUNTRY CALM IN SIN CITY™
 Boarding • Riding • Training
 Monthly • Nightly • Rodeo • Events

Talisman Farm
 Dressage, Eventing, Hunter/Jumper

 Esther M.E. Hillner
 Trainer/ Instructor
 702.592.8381
 TalismanFarmLV@yahoo.com
 www.TalismanFarmLV.com

Windy's RANCH & RESCUE

 janice@windys.org
 North Las Vegas

Zen Equine Bodywork
 Performance
 Relaxation
 Recovery
 510-205-3700

www.valleyhorsenews.com
VALLEY HORSE NEWS
 Serving the Southwest since 1992
**Serving the Southwest
 since 1992!**

AMERICAN NATIONAL
 SMART THINKING, REWARDED®
 Auto • Home • Life
 Farm & Ranch • Business • Equine
INSURANCE
 Licensed in NV, AZ, CA, UT, ID and OR
 Office – (928) 377-3150
 Cell – (702) 278-1721
 Representing American National Insurance Company, Galveston,
 Texas. American National Property and Casualty Company, American
 National General Insurance Company, Springfield, Missouri

 Lisa Carter
 Agent
 1916 Lucille Ave, St C
 Kingman, AZ 86401
 lisa.carter@american-national.com

JPM, Investment Management Group
Nicolette Walpole, Financial Advisor
 4021 Meadows Ln, Suite B
 Las Vegas, NV 89107
 (702)853-7316
 Nicolette.walpole@raymondjames.com

 Handling all types of investment accounts (individual, trusts, custodial and retirement accounts such as rollover IRAs, Traditional IRAs & SEP IRAs). I build a portfolio based on your needs. Come in for a complimentary evaluation.
 LEAN Volunteer and Foster.
 Johnson, Peterson & Marinaro Investment Management Group is not a Broker/Dealer. Securities offered through Raymond James Financial Services, Inc. Member FIN RA/SI PC.

THOUGHT OF THE MONTH:

Happy Valentine's Day!

Love in the Saddle: Equestrian Activities for Valentine's Day

By The VHN Writing Team

Valentine's Day, a day dedicated to celebrating love and connection, provides a wonderful opportunity for equestrians to share their passion with their significant other or fellow riders. Here are some great ideas:

1. Romantic Trail Ride: Embark on a romantic trail ride through scenic landscapes with your loved one. The tranquility of nature combined with the rhythmic sound of hooves creates a magical atmosphere. Pack a picnic with treats for both riders and horses, and take a leisurely break to enjoy each other's company amidst the beauty of the outdoors.

2. Couples Riding Lesson: Share the joy of riding by taking a couples riding lesson together. Engaging in a lesson provides an opportunity to learn and grow as equestrians while sharing the experience with a partner. Many equestrian facilities offer special packages or themed lessons for Valentine's Day, making it a unique and enjoyable activity.

3. Equestrian Spa Day: Treat your horses to a spa day as a special Valentine's Day indulgence. Groom and pamper them with gentle brushes, mane and tail treatments, and soothing massages. Creating a spa-like experience for the horses enhances their well-being and offers a bonding activity for equestrian couples.

4. Valentine's Day Jump Course: Set up a Valentine's Day-themed jump course for a fun and festive riding experience. Incorporate heart-shaped jumps, red and pink decorations, and creative obstacles. Challenge each other in a friendly competition or simply enjoy navigating the themed course together.

5. Night Ride in the Moonlight: To do this activity, it will take some preparation and some luck. To do a night ride, you'll need a night that's as clear as possible and preferably as full a moon as you can get. On February 24th, there will be a full moon for the month.

While it's a bit late, if the weather holds clear, you could do a belated night ride with your partner, a friend, or even a whole group to celebrate some Valentine festiveness.

6. Equine Art Class: Tap into your creative side by attending an equine art class together. Many art centers offer painting or drawing classes where couples can capture the beauty of horses on canvas. It's a unique way to express your love for both art and horses while creating lasting memories.

7. Equestrian Movie Night: Set up an outdoor or barn-themed movie night under the stars. Choose equestrian-themed movies or documentaries to watch together. Snuggle up with blankets, enjoy some horse-themed snacks, and share the experience of cinematic equine stories.

8. Valentine's Day Horse Treat Making: Get hands-on in the kitchen by making special Valentine's Day treats for your horses. Create heart-shaped horse treats using horse-friendly ingredients. Share the joy of treating your equine companions to a special culinary delight.

9. Horseback Yoga or Stretching Session: Combine the benefits of yoga or stretching with the therapeutic presence of horses. Practice horseback yoga or engage in stretching exercises from the ground. This activity promotes relaxation, mindfulness, and physical well-being, creating a unique Valentine's Day experience.

10. Equine Photography Session: Capture the beauty of your horses and the bond you share through an equine photography session. Whether it's candid moments or posed portraits, documenting your love for horses on Valentine's Day provides lasting memories and beautiful images to cherish.

Valentine's Day presents an ideal opportunity for equestrians to celebrate their love for horses and each other through creative and enjoyable activities. From romantic trail rides and spa days for horses to couples riding lessons and equine-themed movie nights, the options are diverse and cater to various preferences. Embrace the spirit of Valentine's Day in the saddle, surrounded by the beauty and grace of horses, creating cherished memories that will be remembered for years to come.

A Note from the Owner:

Hello! And welcome to the Newspaper! I am so glad you decided to pick us up for a read! Be sure to check out our exciting, historical, and informative articles, as well as our wonderful advertisers. We update every month with new information selected especially for our readers enjoyment! Be sure to follow along with us each edition, and feel free to e-mail any comments, questions, or suggestions for material you would like to see right here in these pages.

See you next time! - Codi Kern

BUSINESS CARD RATES:

Run ad for 3 months: \$40 per month

Run ad for 6 months: \$35 per month

Run ad for 12 months: \$25 per month

(must be pre-paid in advance)

1 month: \$45.00

702-808-7669 or

valleyhorsenews@gmail.com

**VHN Deadline is the 15th
of every month**



Codi A. Kern

Owner, Editor
Artist

702-808-7669

valleyhorsenews@gmail.com
valleyhorsenews.com

Facebook: @ValleyHorseNews - Instagram: @ValleyHorseNews

What's new with Valley Horse News? We're on Social Media!

You can now find Valley Horse News not only on Facebook but also on Instagram!

Follow along for everything horse, every day! You'll find updates about the latest editions, relatable content for every horse enthusiast, awesome facts about your favorite equines, and so much more of the information you love. Make sure to follow today!



Find us on Facebook:
@ValleyHorseNews



Find us on Instagram:
@valleyhorsenews

*And don't forget
to pick up
your copy of
Valley Horse News
today!*

This publication and its content are copyright of Valley Horse News LLC - © All rights reserved. With exception only to the outside providing parties of photos, articles, graphics, and advertisements within: This publication can in no way, part or whole, be reproduced in any fashion or offered for resale by any means without prior written permission of the publisher. Unauthorized reproduction or resale of this digital or printed, copyrighted work is illegal.

Managing Your Allergies at the Barn

By The VHN Writing Team



Horse barns are vibrant spaces filled with the joy of equestrian activities. We go to the barn to get out and have fun while enjoying our equine friends. However, for individuals with allergies, spending time in such environments can be a challenging task.

From hay dust to animal dander, horse barns are potential allergen hotspots that can leave sensitive individuals in a fit of sneezing, tearing up, coughing, wheezing, itching, or worse. It may seem futile to figure out your allergies while having fun at the barn, but there are things you can do to feel better or to help others cope.

Understanding Common Allergens:

Before delving into management strategies, it's crucial to understand the common allergens present in most horse barns. These can include things like:

1. **Hay Dust:** Hay is a staple in horse feed, but the dust it generates can trigger allergies. The fine particles can irritate the respiratory system and cause discomfort. Hay can even cause skin itching and hives for some people if handled with bare skin.
2. **Animal Dander:** Horses, like all animals, shed dander – tiny, airborne particles that can cause allergic reactions in sensitive individuals. Their dander is ever present, and the more horses there are in a barn, the more dander there will be.
3. **Mold Spores:** The damp environment in barns can lead to the growth of mold, producing spores that may aggravate allergies. There can also be the growth of typical allergenic plants that produce pollen, like certain types of trees and flowers.
4. **Insect Bites:** Insects such as mosquitoes and horseflies can be common in barns, and their bites may cause allergic reactions in some people.

Management Strategies:

1. **Proper Ventilation:** Ensuring good ventilation is key to reducing allergen concentration in horse barns. Install fans and keep windows open to promote air circulation, helping to disperse dust and other particles.
2. **Use Dust-Free Bedding:** Opt for dust-free bedding options for the horses if at all possible. Straw and certain types of hay can produce less dust compared to others. This not only benefits the animals but also minimizes allergen exposure for humans.
3. **Regular Cleaning:** Implement a strict cleaning regimen to reduce the buildup of dust and mold. Regularly sweep and mop floors, clean cobwebs, and remove any visible mold. This helps maintain a healthier environment for both horses and visitors. Once things are clean, cover areas and shut windows and doors to extend the amount of time things stay clean.

Also consider cleaning up your horses outside. Regularly groom your animals to loosen and help them shed excess dander. You can also wet down their outdoor runs to minimize dust blowing in windy conditions. Bathing your horses can also help if the weather allows.

Flying Insect Control

Nature's Way! Using Natural Pyrethrum

Fly Guard designs, manufactures, installs and provides service for Fly Control Systems

800-811-1039

flyguard.com

– Backed by 10-Year Warranty

– Helps Protect Against West Nile Virus

– Licensed Technicians

– Custom Designed to Fit Your Needs

– Free Estimates

– Factory Direct



FLY GUARD
SYSTEMS, INC.
Automatic Insect Control

4. **Allergen-Proof Clothing:** When spending time at the barn, wear clothing that minimizes allergen contact. Consider wearing a hat, gloves, and a mask to protect your face from dust. Additionally, opt for long sleeves and pants to cover as much skin as possible. You might find it useful to have a couple sets of clothes so that if you get overly dirty, you can change as needed.

5. **Personal Protective Equipment:** Provide visitors with personal protective equipment such as masks and goggles to shield them from airborne allergens. This is especially important for individuals with respiratory conditions. Also keep drinking water handy, as well as space to wash hands and faces.

6. **Allergy Medications:** For those prone to allergies, taking antihistamines or other allergy medications before visiting the barn can help manage symptoms. Consult with a healthcare professional for personalized advice. Depending on the severity of symptoms, an appointment with an allergist might be necessary.

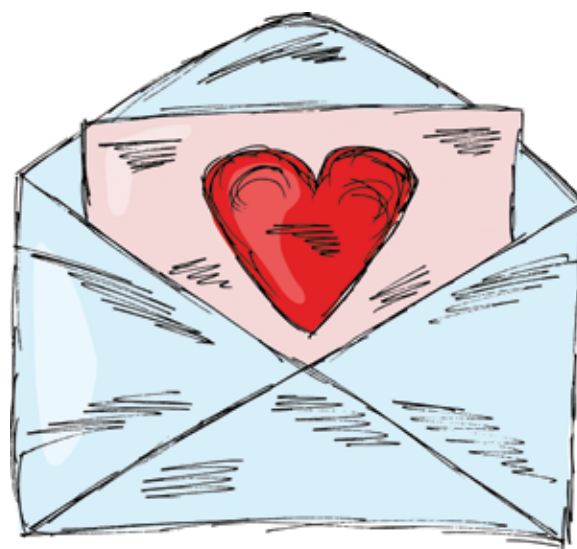
7. **Designate Allergy-Free Zones:** Create designated areas within the barn where allergens are minimized. This can be particularly helpful for individuals who need a break from allergen exposure. This area should be more sealed off, like a sitting room, that everyone keeps clean and allergy free. You can even utilize an air purifier in a space like this one.

8. **Educate Staff and Visitors:** Ensure that everyone involved in barn activities is educated about allergens and their impact. Encourage open communication and a collective effort to maintain a healthy environment. This can be especially important for young visitors who can have a tougher time coping with allergy symptoms.

9. **Keep up with these methods:** A key element to maintaining annoying allergies at the barn is staying dedicated to maintenance. Consider making a weekly schedule to stay on top of each strategy. Monday can be bath day, Tuesday sweep day, Wednesday allergen free zone cleaning day, etc.

Managing allergies at horse barns requires a combination of proactive measures and a commitment to maintaining a healthy environment. By understanding common allergens, implementing proper ventilation, using dust-free bedding, and adopting personal protective measures, individuals can enjoy the beauty of horse barns without compromising their health.

With education and collaboration, horse enthusiasts can create a welcoming space for everyone, including those with allergies, to share in the joy of equestrian activities.



• Happy Trails Monthly Recipe •

Created by Chef Sharon Hauht

“Make Ahead Mac and Cheese (Baked)”

Ingredients:

1 lb elbow macaroni
6 tablespoon butter
1 medium onion finely diced
1 teaspoon garlic minced
1 teaspoon dry mustard
¼ teaspoon cayenne pepper
6 tablespoon flour
2¼ cups chicken broth
3½ cups whole milk
11 oz colby jack cheese shredded
5 oz mozzarella cheese shredded
8 oz sharp cheddar cheese shredded
¼ tsp pepper
¼ teaspoon kosher salt if needed
non-stick spray

Directions:

Preheat oven to 400°F. Lightly spray a 9x13 baking pan with non-stick cooking spray.

Bring a large pot of water to a boil and add ½ tablespoon of kosher salt. Cook the pasta according to package directions, cooking 2 minutes less than directed. Drain and rinse briefly with cold water. Set aside.

In a large pot, melt butter. Add onions, cooking until soft and translucent, 3-4 minutes. Add garlic, dry mustard and cayenne and cook until fragrant, 30 seconds - 1 minute. Add flour, whisking constantly for 1 minute.

Slowly add the chicken broth and whole milk, whisking constantly, until flour mixture is completely incorporated. Bring to a simmer and cook, stirring OFTEN, until slightly thickened, 15-20 minutes. Thickness Test: When you draw a finger through the sauce across the back of spoon, the sauce should hold the line with no drips.

Remove the sauce from the heat. Gradually whisk in the cheese, one type at a time, until fully melted. This may take a few minutes. Season with pepper and salt (if needed). Using an immersion blender, blend the sauce for 1-2 minutes until it is completely smooth.

Briefly rinse the noodles to help them separate. Pour noodles into the sauce, mixing until well combined. Pour pasta into the prepared pan and bake until hot and bubbly, about 30 minutes. Enjoy!

We love comments! Please come back and leave us one after you've tried this recipe.

Notes, Tips & Tricks

Shred your own cheese - really! Pre-shredded cheese is coated, so it doesn't melt the same, nor does it have the same flavor.

Use a block of mozzarella, not the ball. The ball of mozzarella has too much moisture.

Cook your pasta slightly under and rinse it with cold water immediately after draining. The cold rinse will stop the noodles from continuing to cook. This way they will finish cooking while baking without becoming bloated or soggy.

Spray your pan lightly with non-stick spray to prevent the sauce from sticking. You can also line the pan with tinfoil and then lightly spray it.

Use an immersion blender to make the finished sauce ultra smooth and creamy. This is my best secret! Sometimes cheese melts a little unevenly and the onions leave little flecks in the sauce... the immersion blender solves this problem perfectly every time.

About Happy Trails Kitchen



Sharon Hauht is the owner of Happy Trails Kitchen that specializes in baking and artfully decorated custom celebration cakes, cupcakes, cookies and sugar art for your special occasion. Sharon is an award winning cake decorator who has more than 40 years experience. Sharon competed with her team, Gouly Goblins, on Season 10 of Food Network's Halloween Wars and was featured on the Road to Halloween Wars, which aired on September 13, 2020.

Happy Trails Kitchen (HTK) is registered by the Southern Nevada Health District (SNHD) as a cottage food operation, which means HTK's food labels have been approved by SNHD, applicable recipes have been lab-tested for shelf stability (pH and water activity), and Sharon Hauht has been approved to bake and decorate cakes out of her home. She can print edible images (logos and Photographs) on your confections. She has her food handler's card for food safety.

You can see pictures of some of her recent projects on her website: www.happytrailskitchen.com. You can contact Sharon through her website or by emailing her at happytrailskitchen@gmail.com or call (702) 277-8000. HTK is also on Facebook and Instagram under HappyTrailsKitchen.



We offer a caring, full-body, private cremation for your beloved horse.

We ensure that from the time we receive your horse to the time we return the cremated remains to you, that your horse is treated with the utmost respect, individuality and care that we know he or she deserves.

With our new, state-of-the-art crematory, we are able to cremate horses as well as dogs, cats or any pet.

No pet is too large or too small.

With your private cremation, you will have all of your pet's remains returned to you in an elite wood urn perfect for customizing with a nameplate. You can also choose to have them buried at our beautiful cemetery.

CRPC
Since 1979
Family Owned
Craig Road Pet Cemetery

7450 W. Craig Road
Las Vegas, NV 89129

(just west of I-95 on Craig Road)

For more information, please call
702.645.1112 or visit craigroadpetcemetery.org

10 Best Practices for Preventing Lameness in Horses

By The VHN Writing Team



Lameness in horses is a multifaceted issue that can significantly impact their well-being, performance, and overall quality of life. As responsible stewards of these magnificent creatures, it is imperative to implement proactive measures to prevent lameness and promote soundness. This essay explores a comprehensive approach to preventing lameness in horses, encompassing aspects of management, nutrition, hoof care, exercise, and veterinary oversight.

1. Nutrition and Weight Management: A foundational element in preventing lameness is maintaining a balanced and appropriate diet. Horses require essential nutrients for optimal musculoskeletal health, including vitamins, minerals, and quality forage. Overweight horses are at an increased risk of lameness, as excess weight places additional strain on joints and hooves. Implementing a feeding regimen that meets the horse's nutritional needs while managing weight is crucial for overall soundness.

2. Regular Hoof Care: Proper hoof care is fundamental in preventing lameness, as the hooves play a pivotal role in supporting the horse's weight and absorbing shock during movement. Regular hoof trims, performed by a skilled farrier, help maintain proper hoof balance and address any potential issues such as uneven wear, cracks, or imbalances. Additionally, the use of appropriate hoof protection, such as shoes or boots, can offer additional support and minimize the risk of lameness.

3. Exercise and Conditioning: A consistent and well-managed exercise routine is key to preventing lameness. Gradual and progressive conditioning helps strengthen muscles, ligaments, and tendons, reducing the risk of strain or injury. Tailor the exercise regimen to the horse's age, fitness level, and intended use. Incorporate a variety of exercises, including straight lines, circles, and transitions, to promote balance and flexibility.

4. Regular Veterinary Check-ups: Regular veterinary examinations are critical for early detection of potential lameness issues. Scheduled check-ups allow veterinarians to assess the horse's overall health, identify any subtle signs of lameness, and address issues before they escalate. Diagnostic tools, such as flexion tests, radiographs, and ultrasound, can aid in pinpointing underlying problems and formulating an effective prevention strategy.

5. Appropriate Footing and Stabling: The environment in which a horse lives and moves plays a significant role in preventing lameness. Provide horses with well-maintained, level, and dry turnout areas. Pay attention to the footing in arenas or exercise spaces, ensuring that it is not too hard, slippery, or uneven. Stabling conditions should be clean, well-bedded, and adequately ventilated to reduce the risk of respiratory issues that could indirectly contribute to lameness.

6. Maintaining Joint Health: Joint health is crucial for preventing lameness, especially in performance horses or those with demanding workloads. Consider incorporating joint supplements into the horse's diet, as they can provide essential nutrients like glucosamine and chondroitin sulfate that support joint function and reduce inflammation. Consult with a veterinarian to determine the most appropriate joint health regimen for individual horses.

7. Attention to Dental Health: Dental issues can indirectly contribute to lameness by affecting a horse's overall well-being and comfort. Regular dental check-ups and maintenance, including floating of teeth, help ensure proper chewing, digestion, and comfort in the bit.

A comfortable and pain-free mouth encourages a more relaxed posture and movement, reducing the risk of lameness caused by compensation for dental discomfort.

8. Appropriate Tack and Fitting: Ill-fitting tack can lead to discomfort, uneven weight distribution, and ultimately lameness. Regularly assess the fit of saddles, bridles, and other equipment to ensure that they are appropriately sized and shaped for the individual horse. Pay attention to signs of discomfort, such as resistance during saddling or changes in behavior under tack, as these may indicate issues with tack fit.

9. Management of Pasture Turnout: Turnout in pasture is beneficial for a horse's mental and physical well-being. However, managing pasture turnout is essential to prevent lameness related to uneven terrain, overexertion, or potential hazards. Monitor the quality of pasture, implement rotational grazing, and consider using a sacrifice area during periods of challenging weather to protect the footing.

10. Early Intervention and Rehabilitation: In the event of a minor lameness issue, early intervention is crucial for preventing the condition from worsening. Prompt veterinary attention, rest, and a structured rehabilitation plan can contribute to a faster and more complete recovery. Avoid pushing the horse through lameness, as this can exacerbate the issue and lead to long-term consequences.

Preventing lameness in horses requires a multifaceted and proactive approach that encompasses various aspects of management, nutrition, exercise, and veterinary care. By prioritizing a balanced diet, regular hoof care, appropriate exercise, and vigilant veterinary oversight, horse owners can significantly reduce the risk of lameness and promote overall soundness.

Additionally, attention to environmental factors, such as footing and stabling conditions, as well as proper tack fitting, contributes to the horse's comfort and well-being.

A holistic commitment to preventive measures ensures that horses can lead healthy, active, and comfortable lives, minimizing the impact of lameness on their overall quality of life and performance.

REVEAL

4-N-1 *the Original... Still the Best*

HORSE ARENAS	GRADING & LEVELING
WATERWAYS	AGRICULTURAL
DRIVEWAYS	BALLFIELD -
EROSION REPAIR	MAINTENANCE



WWW.REVEAL4-N-1.COM

937-444-2609

MT. ORAB, OH 45154

A Comprehensive Guide on Caring for a Horse on Stall Rest

By The VHN Writing Team



It's never something we look forward to as horse owners, but there will inevitably come a time where your horse is on some form of rest from his routine. Most often from an injury, horses, like humans, can face periods of recovery that require confinement to a stall.

Whether due to an actual injury, illness, or post-surgical recovery, providing proper care during stall rest is crucial for the horse's well-being. Your horse will need specific care during this sudden change in routine so he can stay in his best shape.

The foundation of caring for a horse on stall rest lies in veterinary guidance. Consult with a veterinarian to understand the specific reasons for stall rest, the expected duration, and any specific medical requirements. Follow the veterinarian's instructions closely and schedule regular check-ups to monitor the horse's progress.

Ensure that the horse's stall is appropriately sized to allow for comfortable movement. A larger stall minimizes the risk of stiffness and encourages circulation. Use ample bedding, such as straw or shavings, to provide a soft and supportive surface for the horse to lie down and rest.

Cleanliness is essential for preventing infections and promoting overall health. Regularly remove manure and wet bedding to maintain a clean and hygienic environment. Pay special attention to the hooves, ensuring they are picked out daily to prevent thrush and other hoof-related issues.

Adjust the horse's diet to match its reduced activity level. Consult with the veterinarian or an equine nutritionist to develop a balanced diet that supports the horse's health during stall rest. Adequate forage, supplemented with appropriate concentrates, helps prevent weight loss and supports the healing process.

Although the horse is on stall rest, providing opportunities for controlled exercise within the stall is crucial. This can include hand-walking or allowing the horse to move within a small enclosed space. Controlled exercise helps prevent stiffness, maintains joint mobility, and supports overall well-being.

Stall rest can be mentally challenging for horses accustomed to regular activity. Provide mental stimulation through toys, treat balls, or hanging hay nets. These activities not only alleviate boredom but also engage the horse's mind, promoting a more positive mental state.

Horses are social animals, and isolation during stall rest can lead to stress and anxiety. If possible, position the horse where it can see and hear other horses. Additionally, spend quality time with the horse, grooming, and offering companionship to alleviate loneliness.

Pay close attention to the horse's health and behavior. Regularly check for signs of discomfort, swelling, or changes in appetite. Monitor vital signs such as temperature, pulse, and respiration, and report any concerns promptly to the veterinarian.

Regular grooming not only keeps the horse's coat clean but also provides an opportunity for tactile interaction. Grooming sessions can be calming and contribute to the horse's overall well-being.

Be mindful of sensitive areas, especially if the horse is recovering from surgery.

Enhance the horse's environment with environmental enrichment. Provide safe objects for the horse to investigate, such as hanging toys or treat-filled balls. This stimulates the horse's curiosity and adds variety to its daily routine.

As the horse progresses in its recovery, work with the veterinarian to develop a gradual reintroduction to activity plan. This may include controlled turnout, hand-grazing, or light exercise. Avoid sudden changes in routine to prevent stress or injury.

Open communication with barn staff and caretakers is essential. Provide clear instructions on the horse's specific needs, medications, and any changes in behavior. Ensure that everyone involved in the horse's care is aware of the veterinarian's recommendations and follows the prescribed routine.

Caring for a horse on stall rest requires a holistic approach that addresses not only the physical aspects of recovery but also the mental and emotional well-being of the horse. By collaborating with veterinarians, providing proper nutrition, maintaining cleanliness, and incorporating mental and physical stimulation, caretakers can contribute to a positive healing environment.

Compassionate care during stall rest not only supports the horse's recovery but also strengthens the bond between horse and caretaker, fostering trust and a sense of security during challenging times.



Hitchin' Post Trailer Sales

Trails West Trailers NOW AVAILABLE in Las Vegas at Hitchin Post!

• **Adventure II 2H Bumper Pull**
Starting at **\$9,250.00**

• **GREAT SELECTION OF NEW & PRE OWNED TRAILERS**
• **FULL SERVICE CENTER - We serve ALL makes & models**

Hitchin' Post Trailer Sales
3640 Las Vegas Blvd N. Las Vegas, NV
Ph: 702-644-1819 or Toll Free: 888-433-8407
Email: hitchinpostrv@hitchinpostrv.com

"Serving the Southwest for Over 35 Years"

Navigating Life with Horse Dander

Allergies: Unveiling the Commonality and Coping Strategies

By The VHN Writing Team



It's an unpleasant thought for us horse people. Many of us already know what it's like when allergies hit. We inhale some dust or pollen at the barn and off we go on a sneeze attack with itchy, watery eyes to boot. And it could quite simply be those very common seasonal allergy sources. We're outside after all. But we might start to wonder, can I be allergic to my horse?

Horse dander allergies, though less talked about than some other allergies, are a real and significant concern for many individuals. As the bond between humans and horses continues to grow, it becomes crucial to shed light on the prevalence of horse dander allergies and explore effective strategies for managing this condition.

Understanding Horse Dander Allergies:

Prevalence: While horse dander allergies are not as common as allergies to cats or dogs, they still affect a notable percentage of the population. According to studies, approximately 10-20% of people with allergies may be sensitive to animal dander, and horses are no exception.

At this time, around 5% of the population is thought to be allergic to horses. And as our population grows and our utilization of products expands to more ingredients, allergens to both food and environment are starting to multiply and increase.

Symptoms: Allergic reactions to horse dander can manifest in various ways, at times it can be unique to the person. Common symptoms include sneezing, runny or stuffy nose, itchy or watery eyes, and skin rashes. In more severe cases, however, individuals may experience difficulty breathing or asthma-like symptoms. There can even be some facial swelling, in the eyes and mouth.

Cross-Reactivity: Interestingly, individuals allergic to other animals may experience cross-reactivity with horses. Proteins present in horse dander can be similar to those in other animals that many of us have at home, leading to an allergic response in susceptible individuals. And the dander that causes these allergies can be carried outside of the barn and back to our homes.

Occupational Exposure: Horse dander allergies are more prevalent among individuals who work closely with horses, such as stable hands, groomers, trainers, or veterinarians. Any exposure to the allergens can increase the risk of developing sensitivities, and there is the possibility of a late onset sensitivity where you develop the allergy as an adult rather than as a child.

Coping Strategies for Horse Dander Allergies:

Allergen Avoidance: The most effective way to manage horse dander allergies is to minimize exposure. Individuals allergic to horse dander should avoid direct contact with horses, especially in enclosed spaces like stables.

But don't worry if you own horses and find out that you are in fact allergic to them. Your allergist can help you set up a care plan so you can keep enjoying your horse time. It may mean only have one horse, or taking a specific medication before going to the barn.

Personal Protective Measures: When in proximity to horses, wearing protective gear such as masks, goggles, and gloves can help reduce allergen contact. This is particularly important for individuals with respiratory conditions or sensitive skin. Once you are exposed to the allergen, as soon as you can, clean yourself of that allergen. Wash your hands, your face, change your clothes, etc.

Regular Cleaning and Ventilation: Ensuring a clean and well-ventilated environment is crucial in managing horse dander allergies. Regularly clean stables, use dust-free bedding, and implement proper ventilation systems to minimize airborne allergens. Also remember the areas that might accumulate your allergen over time. Your vehicle, your garage, your dirty laundry hamper, are all places that can hide these allergens between the barn and your home.

Medication and Immunotherapy: Over-the-counter or prescription antihistamines can help alleviate allergy symptoms. In more severe cases, immunotherapy, such as allergy shots, may be recommended by healthcare professionals to desensitize the immune system over time. Immunotherapy is becoming more and more successful for allergy treatment, allowing many people to live practically symptom free.

Consultation with Healthcare Professionals: Individuals experiencing symptoms of horse dander allergies should seek advice from healthcare professionals. Allergy testing can help identify specific triggers, and healthcare providers can offer personalized recommendations for managing symptoms.

With testing, you can find out for sure that you are allergic to your equine friend. And once you know, you can take the necessary steps to feel better and still enjoy our activities.

Educational Initiatives: Increasing awareness about horse dander allergies is crucial for both affected individuals and the broader equestrian community.

Boarding barns, horse clubs, horse show locations, businesses, and brands can all benefit from raising awareness, especially for the younger generations dealing with these allergy sensitivities. Educational initiatives can help create understanding and foster a supportive environment for those with allergies.

It can also help to find commonality when it comes to these kind of allergies and their difficulties. By speaking to others that suffer from the same problem, allergic individuals can find support and understanding as well as find solutions.

There are even celebrities and other well known individuals who suffer from horse dander allergies. The actor Jamie Dornan of "Fifty Shades of Grey" fame is notably allergic to horses.

In a recent interview, Dornan shared how his lips swelled after he kissed the nose of a horse he was using in another film. He remarked how being in close proximity with them made him itchy and gave him extensive hives, and that Epipens were necessary to have on hand in case of an anaphylactic reaction.

Horse dander allergies, though less common than some other allergies, can significantly impact individuals' quality of life, especially those who work closely with horses. Recognizing the prevalence of horse dander allergies and adopting effective coping strategies is essential for creating a harmonious coexistence between humans and horses. By combining allergen avoidance, personal protective measures, and medical interventions, individuals can continue to enjoy their passion for horses while managing the challenges posed by allergic reactions to horse dander.



How Equines Express Love for Their Owners

By The VHN Writing Team



We feed them, we groom them, we exercise them, we pay for their medical care, we pick up their poop, and we love them like best friends. Though it's not always easy or glamorous, the bond between humans and horses is a unique and powerful connection that often transcends the boundaries of species.

While the idea of horses expressing love in the way that we know it may be met with skepticism, those who have spent time with these majestic creatures can attest to the unmistakable signs of affection.

To celebrate our equine valentines, we have put together a list of how our horses show us love without words. Below are the various ways in which equines express love for their owners, shedding light on the subtle yet profound behaviors that characterize this special bond.

Physical Affection: One of the most tangible ways horses express love is through physical affection. Nuzzling, gentle nibbling, and soft grooming are common behaviors that signify a deep emotional connection. When a horse nuzzles or gently nibbles its owner, it is a display of trust, comfort, and a desire for closeness. They may act a bit cheeky while doing it, but the motive is sincere. The act of grooming, where a horse uses its teeth to gently clean another horse's coat, is also a sign of affection that they may extend to their human companions.

Following and Seeking Attention: Affectionate horses often exhibit behavior that seeks the attention of their owners. They may follow their humans around the pasture or the barn, displaying a desire for companionship. This behavior is not only a sign of attachment but also reflects the horse's trust and enjoyment in the presence of their owner. If there's one thing horse owners can attest to, a horse is gonna do what he wants to do. And if your horse wants to be by you during his free to roam time, it means he finds happiness in being close to you.

Soft Vocalizations: Horses communicate through a variety of vocalizations, and soft, gentle sounds are often associated with affection. A horse may emit low whinnies or nickers when in the company of their owner, expressing a sense of contentment and a positive emotional state. These soft vocalizations are a way for horses to convey their feelings and establish a connection.

This can also be said for a horse that gives a contented sigh in your presence. He's comfortable and satisfied in his spot by you.

Relaxation in Presence: An affectionate horse will often exhibit signs of relaxation when in the presence of their owner besides just sighing. This can include lowered heads, soft eyes, and a general demeanor of calmness. He may even fall asleep close to you or leaning his head on you. The horse feels secure and at ease, indicating a level of comfort and trust that is characteristic of a loving relationship and a deep sense of safety.

Playful Behavior: Playfulness is a common expression of love in horses. Just like humans, horses engage in play to express joy and establish social bonds. Playful behavior can include frolicking, running, and even engaging in games with their human companions. This interactive play is a clear indication of the strong emotional connection between the horse and their owner.

Sharing Personal Space: Horses are naturally territorial animals, and their willingness to share personal space with their owners is a significant expression of trust and affection. When a horse stands closely, leans in, or allows their owner to approach without signs of discomfort or more common, annoyance, it is a clear demonstration of the bond they share.

Often times we owners can feel like just the caretakers, the ones that supply the good food and keep things clean. But if a horse openly greets you and comes to you, particularly without the anticipation of food or treats, he enjoys you being around and not just for convenience.

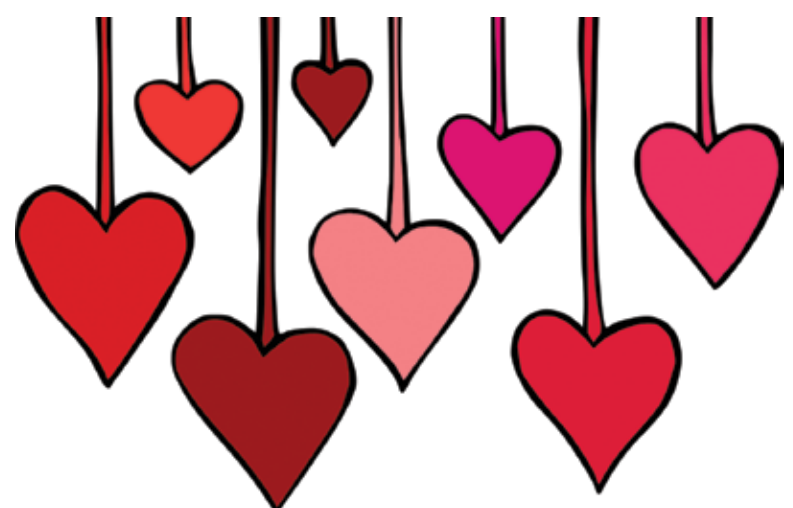
Soothing Gestures: In moments of distress or discomfort, horses may seek solace from their owners. No one likes to be alone in times of stress, and this includes animals. Affectionate horses may lean against their human companions or rest their head on their shoulder, seeking comfort and reassurance. These soothing gestures highlight the horse's reliance on their owner for emotional support. This is also very true during times of newness. If you're asking your horse to be somewhere new or do a new task and he does so, or at least trusts your encouragement to keep going, that is another sign of him relying on you. These same soothing gestures can go the other way as well, when your horse seems to comfort and support you on a difficult day.

If you're sad, lonely, or sick, your horse may appear more connected to you and even more gentle. It is highly likely that he's not only picking up on the fact that you're not okay, he's responding to it in a loving manner.

Eager Cooperation: Horses that love and trust their owners often display eager cooperation during various activities. Whether it's riding, training, or simple interactions, an affectionate horse willingly participates, showcasing a strong bond built on mutual understanding and cooperation. When your horse shows his eagerness to please and demonstrates his cooperation, he's doing so truly because he wants to.

The ways in which equines express love for their owners are diverse and nuanced, reflecting the depth of the emotional connections formed in the human-horse relationship. Physical affection, seeking attention, soft vocalizations, relaxation in presence, playful behavior, sharing personal space, soothing gestures, and eager cooperation are all manifestations of the love horses feel for their human companions.

It is important for owners to recognize and appreciate these subtle cues, as they contribute to the overall well-being and enrichment of both the horse and the human. The language of love between humans and horses may be silent, but its expression is loud and clear in the intricate dance of behaviors that define this extraordinary connection.



Preserving Memories with Equine Keepsakes

By The VHN Writing Team



Horses hold a special place in the hearts of their riders, forging bonds that are as strong as they are enduring. As equestrians, our horses become cherished companions, and the memories created with them are priceless.

One beautiful way to preserve these moments is through keepsakes that capture the essence of our equine friends. And the best part about a keepsake is that you can look at it and enjoy it for years to come, reliving all of the precious memories you've gathered.

From personalized accessories to artistic mementos, horse keepsakes offer a tangible connection to the wonderful world of equestrianism and help to immortalize the tale of your equestrian journey.

Customized Horse Jewelry

What better way to carry the spirit of your horse with you than through personalized jewelry? Horse keepsake pieces, such as necklaces, bracelets, or rings, can be crafted with intricate details, featuring the unique characteristics of your beloved equine companion. Spots, stars, socks, coat color, eye color, and more can all help to make the jewelry unique to your horse.

Engraved nameplates, hoofprints, or even a snippet of your horse's mane encased in a pendant can transform a piece of jewelry into a cherished keepsake that tells a story of companionship. And you can have these created for each and every horse you've loved. One day, you might even have a necklace or bracelet with a bead or pendant for each and every one!

Tail Hair Bracelets

This keepsake is a time honored classic for many equestrians. A truly unique and sentimental keepsake is a bracelet made from your horse's tail hair. Whether you wish to make one now or after your horse's passing, this intricate piece of jewelry not only serves as a beautiful accessory but also holds the essence of your horse.

Crafted by skilled artisans, these bracelets are a tangible connection to the strength and grace of your equine friend. Each strand of hair is carefully woven into a design, creating a stunning and personal keepsake that can be worn with pride. You can include specific braid styles, leather or metal accents, buckles and clasps, and colors to match any aesthetic.

Customized Equine Art

Art has the power to capture the soul of a horse, immortalizing its beauty and spirit. Commissioning a custom portrait or sculpture of your horse is a timeless keepsake that transforms a moment in time into a work of art. Talented artists can capture the essence of your horse's personality, creating a visual representation that will be treasured for generations. Whether displayed in your home or office, or even in a safe space in your barn, these pieces become a celebration of the bond between horse and rider.

And there's no limit to the kind of art or the style. You can have a photo realistic painting or sculpture, a colorful drawing in a loose hand style, even paintings on different kinds of surfaces like wood and metal can all help to create a lasting depiction of your horse.

You can have a hand designed tshirt, hat, jacket, phone case, window decal, blanket and more made to showcase in your home. And these are all great options for gifts during holidays and birthdays for all of your equine loving friends.

Personalized Horse Tack

For those who spend countless hours in the saddle, personalized horse tack serves as a practical and meaningful keepsake. Items such as custom embroidered saddle pads, monogrammed halters, or engraved bridles add a touch of individuality to your equestrian gear. Riding with personalized tack not only enhances the aesthetic appeal but also creates a connection to your horse that goes beyond the ordinary. And once your horse retires, your saddle can become a beautiful statement piece to display or pass on to the next generation.

Shadow Boxes and Memory Displays

As equestrians, we accumulate a plethora of mementos over the years – from ribbons won at competitions to special horse show programs and photographs. Creating a shadow box or memory display is a wonderful way to curate and showcase these keepsakes.

Include items such as a horseshoe, a swatch of your horse's mane, name plaques, genealogy records, dried prize flowers, bits, and photos that document your equestrian journey. These displays become visual narratives that encapsulate the shared experiences and accomplishments with your horse. The shadow box can also be a great way to preserve all of the "firsts" for your equestrian kids. Pictures of their first ride, their first outfits, first pair of boots, their first pony's hair, first horse toy, first cowboy hat, first lariat, and more!



Thinking about what you want to keep ahead of time can help you start making memories with purpose as well. One very cool idea that you can start doing (responsibly with the environment) is to collect foliage from each trail ride or adventure with your horse. A flower, fallen leaf, branch, piece of wood, beach sand or shells, etc., can all be collected and over time you can display your huge collection in a clear vase, cabinet, shadowbox, or other creative space.

Another great way of both preserving memories for keepsakes and repurposing is to take wood or other material from your horse's stall, barn, or other things and make them into a bird house, miniature barn for your children to play with, frames for pictures, shelves for display, and other creations.

Horse keepsakes are more than just physical reminders; they are a testament to the enduring bond between humans and their equine companions. From customized jewelry to artistic representations and practical tack, these keepsakes allow equestrians to carry the spirit of their horses with them, preserving cherished memories in tangible and elegant forms.

As we navigate the equestrian world, let us not only ride with passion but also cherish the moments, immortalizing them through keepsakes that celebrate the timeless beauty of the horse-human connection.



Understanding Horses' Possessiveness Towards Their Owners

By The VHN Writing Team



A horse and his owner often share their own unique language and way of doing things. While this bond is a special thing, there are times when it can become strained. Horses, known for their sensitivity and intelligence, can often exhibit possessive behavior towards their owners. We might be more familiar with this trait in other domesticated animals, such as dogs. But it can present in our equines as well.

Here, we will explore the phenomenon of horses being possessive of their human counterparts, delving into the potential reasons behind this behavior, its manifestations, and the impact it can have on the equine-human relationship.

Understanding Horses' Possessiveness:

- **Social Nature of Horses:** Horses are inherently social animals with a strong sense of herd dynamics. In the wild, they form close-knit groups to ensure safety and support. And there is always a natural pecking order in a herd of horses, with some being more dominant than others. When domesticated, horses may transfer this social inclination to their human owners, developing a strong bond that can lead to possessive behavior.

- **Emotional Attachment:** Horses are capable of forming deep emotional attachments to their human caregivers. This attachment, rooted in trust and familiarity, can manifest as possessiveness when the horse perceives a potential threat to their bond with the owner. This possessiveness can appear as a normal tendency to protect, but it can become a dangerous, if not just annoying, habit.

- **Territorial Instincts:** Horses, by nature, have territorial instincts. They may view their owners as part of their territory and feel a need to protect this space from perceived intruders or potential threats. This territorial possessiveness is a natural extension of their survival instincts.

Manifestations of Horses' Possessiveness:

- **Protective Behavior:** Possessive horses may display protective behaviors towards their owners. This can include standing between the owner and perceived threats, whether they are other animals such as other equines, unfamiliar objects or spaces, and even other people whether they have met or not.

- **Nudging and Nuzzling:** Some horses express possessiveness through physical contact, such as nudging or nuzzling their owners. This behavior is a way for the horse to seek reassurance and affirm the bond they share with the human. And these behaviors are fine when done in understanding. But a horse that doesn't understand when enough is enough is bordering on a possessive nature.

- **Vocalizations:** Horses may use vocalizations to express their possessiveness. Whinnies, nickers, or other vocal signals can convey a horse's desire for attention and interaction with their owner. If taken beyond normal levels, these can also be a sign of a possessive nature.

- **Reluctance to Interact with Others:** Possessive horses may show reluctance or resistance when it comes to interacting with other humans or animals. They may prefer the company of their owner and exhibit signs of discomfort when separated.

This separation anxiety is typically seen when a horse is taken from their stall/ barn, or when they are separated from their favorite buddy. Often, that favorite buddy can be you. And while sweet, it can develop into a very undesirable behavior.

Impact on the Equine-Human Relationship:

- **Deepening the Bond:** While possessiveness may be seen as a challenge, it often signifies a deep bond between the horse and their owner. Recognizing and appreciating this possessiveness for what it is as the root can strengthen the emotional connection and trust within the relationship. We can respect where this intense attachment is coming from and work with it firmly but positively.

- **Communication and Understanding:** Horses communicate through body language and behavior. Understanding the possessive cues allows owners to respond appropriately, fostering a sense of security and trust for the horse while preventing their equine from overstepping.

- **Potential Challenges:** Despite the positive aspects, possessiveness can present challenges, particularly if it leads to aggressive behavior or becomes a barrier to the horse's overall well-being. Addressing these challenges requires a balanced approach to maintain a healthy relationship.

Outings and time with your equine should be fun and enjoyable. When possessiveness begins to make you change how you do things with your horse to avoid bad behaviors, or makes you stop certain activities altogether, that's how you know it's high time to manage the problem.

Managing Possessiveness in Horses:

This behavior may seem like a monster to manage. While it's coming from a place of love and comradery with your equine, it's important to retain your position as the leader and decision maker of the duo. You make the rules, and your horse follows them. Respect is forever important.

When in doubt, try these solutions...

- **Socialization:** Encouraging positive interactions with other horses and humans can help mitigate possessive tendencies. This promotes a well-rounded social life for the horse and reduces dependence on a single individual. It might take time and starting with an easy going horse that your horse respects. This might mean keeping another horse in closer proximity to your horse to help foster this new socialization.

- **Consistent Training:** Consistent and positive reinforcement training is essential to establish boundaries and reinforce appropriate behavior. This helps the horse understand acceptable ways to express their attachment without becoming overly possessive.

- **Maintaining Routine and Predictability:** Horses thrive on routine and predictability. Maintaining a consistent daily routine provides a sense of security for the horse, reducing anxiety and possessiveness. Once your horse knows that he can rely on that routine and sees that the possessive nature isn't necessary, things will improve.

Horses being possessive of their owners is a testament to the deep and intricate relationships that can form between humans and these majestic animals. While possessiveness may present challenges, it also highlights the loyalty, trust, and emotional connection that exist within the equine-human bond. Recognizing and managing possessive behavior with sensitivity and understanding allows owners to foster a relationship that is both enriching and mutually beneficial for both the horse and the human companion.





Horse Care in February

By The VHN Writing Team

Horse care routines can vary depending on factors such as climate, horse health, and specific needs. In February, here are some routine horse care tasks you may consider:

- **Hoof Care:** Regular hoof picking to remove dirt and debris. Schedule routine farrier visits for trimming or shoeing.
- **Dental Checkup:** Arrange for a dental checkup by a veterinarian if your horse's teeth need attention.
- **Feeding:** Assess your horse's body condition and adjust feeding if necessary. Provide access to clean, fresh water at all times.
- **Shelter Maintenance:** Inspect and clean the stable or shelter for any repairs or maintenance needed.
- **Grooming:** Continue regular grooming to check for skin issues, lumps, or bumps. Use appropriate blankets if the weather is cold.
- **Parasite Control:** Follow your veterinarian's recommendations for deworming. Monitor manure for signs of parasites.
- **Exercise:** Maintain a regular exercise routine, adjusting for weather conditions. Ensure adequate turnout time for mental and physical well-being.
- **Vaccinations:** Review your horse's vaccination schedule and update vaccinations as needed.
- **Emergency Preparedness:** Check and restock your first aid kit. Ensure that emergency contact information is up to date.
- **Environment Management:** Manage manure disposal appropriately. Consider pasture rotation to prevent overgrazing.
- **Body Condition Score (BCS):** Regularly assess your horse's body condition to monitor weight and overall health.
- **Grazing and Forage:** Monitor the quality of available forage. Adjust hay intake based on nutritional needs and forage quality.

Always consult with your veterinarian for specific recommendations tailored to your horse's individual needs and local conditions. Regular observation and proactive care contribute to the well-being of your horse.

2024 BLACK & WHITE Display Ad Rates

● **Full Page:** 10w x 16

One month \$465
2-4 months \$425 p/m
5-8 months \$380 p/m
9-12 month \$365 p/m

● **Half Page:** 10w x 8

One month \$330
2-4 months \$310 p/m
5-8 months \$280 p/m
9-12 month \$260 p/m

● **1/4 Page:** 5w x 8

One month \$220
2-4 months \$185 p/m
5-8 months \$170 p/m
9-12 month \$160 p/m

● **1/8 Page:** 4.7w x 3.85

One month \$130
2-4 months \$115 p/m
5-8 months \$105 p/m
9-12 month \$100 p/m

2024 COLOR Display Ad Rates

● **Full Page:** 10w x 16

One month \$581.25
2-4 months \$531.25 p/m
5-8 months \$475 p/m
9-12 month \$456.25 p/m

● **Half Page:** 10w x 8

One month \$412.50
2-4 months \$387.50 p/m
5-8 months \$350.00 p/m
9-12 month \$325.00 p/m

● **1/4 Page:** 5w x 8

One month \$275
2-4 months \$231.25 p/m
5-8 months \$212.55 p/m
9-12 month \$200 p/m

● **1/8 Page:** 4.7w x 3.85

One month \$162.50
2-4 months \$143.75 p/m
5-8 months \$131.25 p/m
9-12 month \$125 p/m

2024 Business Card Ad Rates

One month \$45
3 months \$120 (\$40 per month)
6 months \$210 (\$35 per month)
12 month \$300 (\$25 per month)

2024 Horse Boarding Ad Rates

Classified style starting at \$25.00 per month (discount for multiple months - call for details)
30 WORD MAX.

Display style: same pricing as black and white display ads.

**Club/Non Profit
25% discount on
all ads.**

DEADLINE: 15th of EVERY MONTH

ALL ads must be PRE-PAID prior to print. Visa - MC - AE - Check -Cash

Phone: 702-808-7669 Email valleyhorsenews@gmail.com

1861 Bogey Way • Henderson • NV • 89074

Don, the Lovestruck Donkey

By C. A. Kern

In a barn so cozy, with straw on the floor,
Lived a donkey named Don, you just
can't ignore.

His ears stood tall, like Cupid's own bow,
In the world of love, he was all set to go.

On Valentine's Day, he had a grand plot,
To woo a she-donkey, boy, he loved her a lot.
He practiced his brays, both soft and loud,
But sometimes he sounded like the roar
of a crowd.

He kicked up his hooves, a dance so absurd,
Trying his best to impress, he sure hadn't heard.
With treats in his teeth, he got down to work,
But ended up fumbling, all carrots and quirk.

He wrote her a note, with love in his ink,
But his spelling was off, oh my, what a kink!
"Dear Jenny, you're the sweet carrot to my hay,
Let's bray together, come what may."

He gifted her apples, a romantic snack,
But she preferred oats, and that was a fact.
Don the donkey, he was so eager to please,
He tripped over his tail and fell to his knees.

Yet, in the end, love found its own way,
Jenny the donkey had something special to say.
"Don, your antics make my heart bray,
Let's be silly together, just like this, every day."

So, here's to Don, the donkey so funny,
In true love's barnyard, where dreams
aren't money.
May your Valentine's Day have romance a plenty,
With laughter and love, just like Don and his
Jenny!

TWO HAWK RANCH

Sandy Valley, Nevada



(760) 657-5375

**GROWN LOCALLY IN SANDY VALLEY
50 MILES SOUTH OF LAS VEGAS**

Hours for picking up hay cubes or bales are:

7:30am to 5:00pm Monday thru Friday and

8:00am to 3:00pm on Saturdays.

Closed Sundays.

**EXCELLENT - CLEAN
HIGH QUALITY ALFALFA CUBES
BALES - BULK BAGS**

*A Symposium that explores the bond
between our Selves and our Horses*



March 2-3, 2024

Aliante Hotel
Las Vegas NV

2 Days, 7 Speakers, 10 Presentations

All Disciplines Welcome

Register Online - No tickets sold at door

Join us for two exceptional days of education-focused exploration where you will gain scientific insights on how your horse thinks and processes information. Walk away with awe-inspiring ideas and concepts to enhance your relationship and further elevate your horse's well-being.

SAVE \$10 off Regular Admission!
Use Access Code VHN2024



<https://horse-human-connection.com>



HOSTED BY THE
CALIFORNIA WESTERN DRESSAGE ASSOCIATION

FEBRUARY 2024 CALENDER OF EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
VALLEY HORSE NEWS DEADLINE 15th of EVERY MONTH valleyhorsenews@gmail.com				1	2	3
4	5	6	7	8	9	10 SNGA Horsemen's Park http://www.snga.biz
11 SNGA Horsemen's Park http://www.snga.biz	12 APACHE LAND APPALOOSA CLUB Meeting 7:00pm, Horseshoe Restaurant, Benson AZ; Contact Fred @ 520-384-5332	13 POSS GENERAL MEETING 7pm @ SHOWPOSS.VPWEB.COM for time and place Pahrump 775-727-9576	14 HCON MONTHLY MEETING 7pm Doc's Saddlery 6185 Elkhorn RD LV, NV 702-361-5456 BCH of UTAH WASATCH FRONT CHAPTER 7:00pm American Legion 345 Depot st Clearfield, UT Info. 801-773-9419	15 BCH BRISTLECONE CHAPTER Meeting @ 6:00 pm Third Thursday of Every Month BCHNVB.com for details	16	17 LVGA Henderson Saddle Association www.lasvegasmkhanaassociation.com
18	19	20 SSPHC MONTHLY MEETING 7pm IHop Cheyenne & Rainbow 702-373-2673 paintmee@aol.com	21	22	23	24
25	26 S. NV REGIONAL TRAILS 4701 N Torrey Pines Dr., LV Contact Ed @ 702-645-1791 editoredd@juno.com	27	28	29		

MARCH 2024 CALENDER OF EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8 LVGA Henderson Saddle Association www.lasvegasmkhanaassociation.com	9 LVGA Henderson Saddle Association www.lasvegasmkhanaassociation.com
10	11 APACHE LAND APPALOOSA CLUB Meeting 7:00pm, Horseshoe Restaurant, Benson AZ; Contact Fred @ 520-384-5332	12 POSS GENERAL MEETING 7pm @ SHOWPOSS.VPWEB.COM for time and place Pahrump 775-727-9576	13 BCH of UTAH WASATCH FRONT CHAPTER 7:00pm American Legion 345 Depot st Clearfield, UT Info. 801-773-9419 HCON MONTHLY MEETING 7pm Doc's Saddlery 6185 Elkhorn RD LV, NV 702-361-5456	14	15	16
17	18	19 SSPHC MONTHLY MEETING 7pm IHop Cheyenne & Rainbow 702-373-2673 paintmee@aol.com	20	21 BCH BRISTLECONE CHAPTER Meeting @ 6:00 pm Third Thursday of Every Month BCHNVB.com for details	22	23 SNGA Horsemen's Park http://www.snga.biz
24	25 S. NV REGIONAL TRAILS 4701 N Torrey Pines Dr., LV Contact Ed @ 702-645-1791 editoredd@juno.com	26	27	28	29	30

Animal Adoptions

EXAMPLE:



EXAMPLE ENTRY:

Dolly is a six year old female goat with a warm personality. She needs companionship with other animals as she doesn't do well alone. Other goats are preferable. Needs continued training and does well with leading and small kids. She loves her food and isn't afraid to let you know. For more information call or email:
example.example@exampleonly.com
000-000-0000

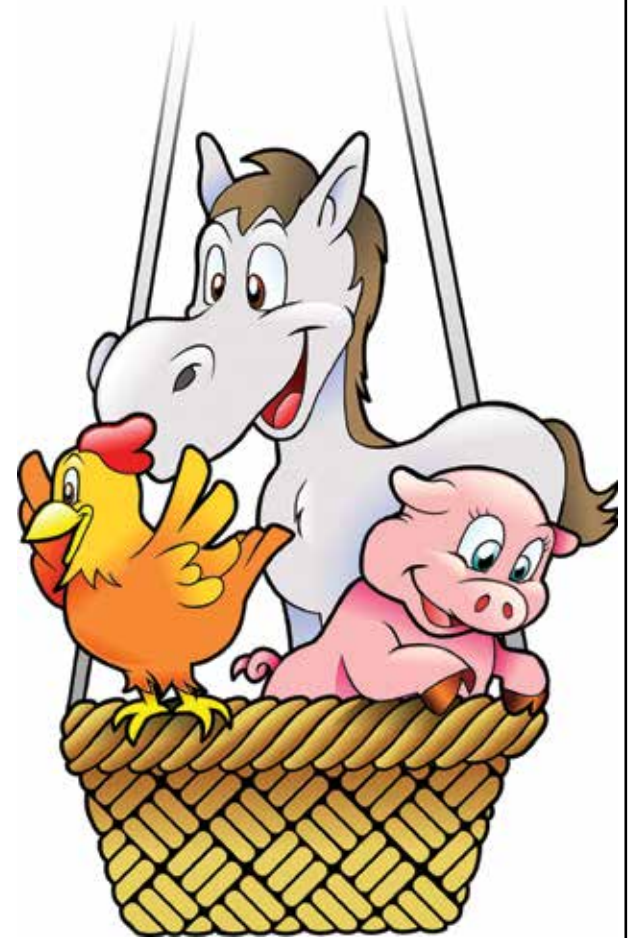
All you have to do:

Is provide a photo of the animal/ animals. Give a short description explaining why they are such a great candidate for a new home. And lastly, provide the best contact information for those that are interested. Your photo, description, and contact will go here for everyone to see and hopefully will make it to the perfect new home.

Open to ALL ANIMALS: Horses, Donkeys, Mules, Miniature Horses, Cattle, Piggies, Goats, Sheep, Chickens, Ducks, Geese, Farm Fowl, Rabbits, Alpaca, and Llamas, Birds, Dogs, Cats, Guinea Pigs, Lizards, Hedgehogs, Turtles, Hamsters, and more! Any animal can be now placed!

Any animal in need has a place in this section for as long as they need it!

NEW! NOW OPEN TO ALL ANIMALS!



Welcome all rescues, sanctuaries, non-profits, and individuals!

Now is the chance to give any animals in need of adopting and fostering an extra spotlight - **on the house.**

Valley Horse News will now have an adoptions section solely for animals at shelters, organizations, and individual homes that need to find a loving, forever home. On this page, every month, you will find photos and information about wonderful animals that could be the perfect addition to your home or farm. You will also find the organization or place that they come from and how you can get in contact.

This section will remain in the paper *indefinitely.*

As long as there is an animal that needs it, it will be open for listings. With the number of in need animals increasing and euthanizations on the rise, facilities are at max capacity.

We want to help! Contact now for more information and to be featured on this page every month. Remember, this page is for **adoptions only.**

Animals for sale by owner must be advertised in other sections. First come, first serve, and animals are featured at Valley Horse News discretion.

Please spread the word far and wide about this section so we can facilitate as many adoptions as possible. These precious animals need and deserve all the help we can get. It is a personal goal to make this section explode every single month! A home for every animal that comes on this page is not only a worthwhile but completely possible goal.

Just imagine what could be done by this time next year. So let's make it happen!

Have questions? Contact now! Email us at valleyhorsenews@gmail.com or call 702-808-7669

We will provide all of the information you need and answer any inquiries you may have.





TERRI GAMBOA TEAM
REAL ESTATE AGENCY



#1 In Horse & Equestrian Properties

#1 In Acreage Properties



Cindy Parker
702-528-1048

Terri Gamboa
702-528-5473

~ LAS VEGAS, MOAPA, TEXAS ~



1.45 ACRE HORSE PROPERTY!

2900 Thurman Ave. Grand Equestrian Estate 3200 Sqft and Large Guest House. Main house has 2 master bedrooms upstairs. 860 sqft guest house with its own kitchenette, bedroom, bath, laundry and sitting area. Large outdoor area great for entertaining. In-ground Pool with diving board, Rooftop deck. Detached shop with 12' rollup door, additional carport or covered hay storage. 6 horse stalls, Lighted arena with sprinkler system. Round pen, wash rack, hitching post and tack room. **\$1,495,000**



7 ACRE HORSE PROPERTY!

4185 W State Highway 168, Moapa RARE! Ultimate 7 Acre self sustainable Horse Property, Farm & Ranch. Your dream homestead! Live off the land with 3,270,000 gallons of water rights per year to plant food crops; fruits and vegetables. 4 Acres of pasture is already Irrigated! Private Well Pumps 70 Gallons per minute. White Fenced Pastures, Covered Hay Storage, Round Pen, Plenty of Extra Corral Panels. 40 min. from Las Vegas on paved roads! Charming ranch style house is renovated with 3 Beds/ 2 baths. Great floor-plan and move in ready! **\$895,000**



IN TEXAS!

Listed with Jeremy Lock, Keller Williams

114 County Road 225, Valley View, Texas 7+ acre estate in the heart of horse country. Private gated property w/ Custom home. 13 stall show barn & arena. **\$1,049,500** CALL: 940-641-2404



ONE | REALTYONEGROUP

TERRI GAMBOA
call **(702) 528-5473**

#: S.0066408







TERRI GAMBOA TEAM
REAL ESTATE AGENCY



#1 In Horse & Equestrian Properties




#1 In Luxury Homes on Acreage

Cindy Parker
702-528-1048

Terri Gamboa
702-528-5473

~ SE, HENDERSON, COLD CREEK ~



3.9 ACRES IN EXCLUSIVE NEIGHBORHOOD!

7080 S Pecos Rd 3.9 Acre Secluded Property in Very Popular Tomiyasu Area of Billionaires, Casino Owners, Celebrities, the Old Wayne Newton Ranch, Multi-Million Dollar Homes. Private Electric Gate Entry. Block Wall and Wrought Iron, Approx 10 Car Garage Converted Horse Barn, Small 2 BR, 2 BA House Perfect to Live In While Building Then Use as Guest House. Over 100 Tall Pine Trees. Fabulous Location, a Piece of Paradise Close to the Strip & Airport. **\$1,875,000**



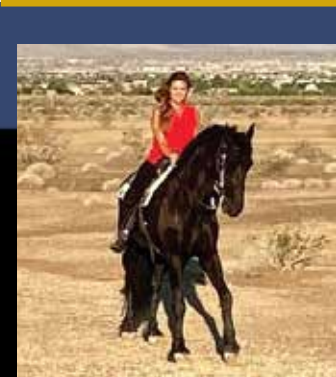
PENDING!

3716 Greencrest Dr. Gorgeous Home in Highly Sought after Paradise Crest. Paradise in the desert! NO HOA. Single story w/ guest house. 5 beds in main house. Guest House has full kitchen, private entry, fireplace, washer/dryer & sauna. 6 total beds for this property + add. flex space for office/gaming etc! Income producing potential. Amazing floor plan w/ inclusive kitchen w/ double ovens and new dishwasher. Wood burning fireplaces. Tons of storage. Full RV hookups, parking. Huge pool w/ entertaining spaces & covered patio. 0.30 acre lot. **\$749K**



NEW PRICE!

97 Hidden Lake Ave. Incredible cold creek prop. Solar, dual gens, propane & wb stoves - completely off grid, .81 acre lot. 2,406SQFT / 3 bed + den. 360 views of mtns, valley, lake & ponds, trail riding. 40 min from Vegas. **\$547,000**



ONE | REALTYONEGROUP

TERRI GAMBOA
call **(702) 528-5473**



#: S.0066408



TERRI GAMBOA TEAM
REAL ESTATE AGENCY



#1 In Horse & Equestrian Properties

#1 In Acreage Properties



Cindy Parker
702-528-1048

Terri Gamboa
702-528-5473

~ NW LAS VEGAS ~



6265 N Fort Apache Road. 1.94 Acre Ranch Estate Santa Fe style w/ large 4 BR Main House & Large Guest House w/ Huge Master Bed & Bath + kitchen. Pool & Spa, 8 Car Garage, 5 Stall Barn, tack room. \$1,490,000



7790 Scottie St. 4,382 sq ft log built house, 2.27 acres. 4 Bed, 3 Bath + Loft. 360 degree views of mountains, valley views. Trail riding from property! 10 Min. to Las Vegas & 25 min. to Mt Charleston \$1,490,000



8020 Maverick St. Beautiful 1 Acre Horse Property Estate w/ Swimming Pool! Super clean, cared for! 3 Bed/3 Bath. Large arena w/ covered horse stalls. Close to Floyd Lamb Park, for best trail riding in town! \$1,295,000



2 Acre Maggie Ave. Unique 2.22 Acres W/ Mountain Views. 2 Sides Block Walls. Corner Lot in Equestrian Neighborhood & Rural Preservation - Beautiful custom home neighborhood. Across from 1,500 Acre FLP & Trail Riding. \$895K



ONE | REALTYONEGROUP

TERRI GAMBOA
call **(702) 528-5473**

#: S.0066408

